





Assistive Devices: Simulating physiological performance

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Outline

- Introduction to musculoskeletal modeling with AnyBody
- Physiological design/evaluation criteria of exoskeletons
 - Examples
 - Parametric study
- Final words and Q&A session

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For what we need musculoskeletal modeling





AnyBody Modeling System





Machine Design and Optimization

- AnyBody Exporter for SOLIDWORKS[®]
 - Plugin for SolidWorks
 - Export your machine's design from SolidWorks
 - Run Man-Machine simulations











Body-Device Closed Kinematic Chains



Measure kinematics ONLY

- Infinite possibilities for
 - Joint moments
 - Muscle forces
 - Interaction forces





Body-Device Closed Kinematic Chains





- Inverse Dynamics with Joint Coordinates
 - Leads to extra effort for closed loops
 - Might not be able to access reaction forces instantly
- AnyBody Inverse Dynamics (Cartesian Coordinates)
 - Full dynamic detail
 - Handles closed kinematic chains



- Control of Man-Machine interaction forces
 - Contact forces on the human
 - Control of normal and shear forces (e.g. how tight the straps are)





Design framework





Physiological objectives

- Metabolic cost
 - What about individual muscles?
 - What about joints?
 - Cause-effect?





Physiological objectives

• Metabolic cost

- Activation effort
 - How to combine individual quantities?





Physiological objectives

• Metabolic cost

- Muscle and ligament forces
- Net ground reaction force
- Net joint reaction force

- Activation effort
 - How to combine individual quantities?

- Joint reaction force
 - How to combine individual quantities?









Examples:





Femur-Thorax Flexion/Extension Support









Box-lifting study

- No motion capture data used.
- Motion generated based on requirements
 - Balance Projected net CoM lies between feet
 - Duration 3 sec
 - Posture Attains standing posture
 - Box motion Polynomial trajectory in time
- Ground reaction forces were predicted

Parametric Study: $0 \le K \le 100$

$$T_{Assist} = -K.(\theta - \theta_{ref})$$



Parametric Study





Parametric Study





Design check (iteration) with limits







* Lyder, C.H. Pressure Ulcer Prevention and Management. JAMA-J. Am. Med. Assoc. 2003



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Design check (iteration) with limits

- Max skin pressure $P_{allowed} = 70 \text{ mmHg} \approx 9.3 \text{ kPa}$
- Assume chest attachment area to be 15x15 cm²



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Results (25 Nm/rad)







% Device	Joint Reaction	Activation	Metabolic
Benefit	(L4/L5)	Effort	Cost
Box-lifting	21.4	62.2	19.6



Example 2: KAFO





Example 2: KAFO

• Combining motion capture with exo design, using motion cameras





Parametric Study





Parametric Study





Optimal results





% Device	Joint Reaction	Activation	Metabolic
Benefit	(Knee)	Effort	Cost
Sit to stand	9.2	33.9	26.4



Example 3: Plantarflexor exercise machine





Example 4: Shoulder support device

• Combining motion capture with exo design, using Xsens





Example 5: Polishing Task Support







Discussion

• The changes might be pronounced or suppressed

Device Benefit %	Joint Reaction	Activation Effort	Metabolic Cost
Box-lifting	21.4	62.2	19.6
Sit to stand	9.2	33.9	26.4

- How collectively quantify activation and joint reaction?
 - Otherwise it is based on luck to capture the comfort/discomfort
- Short term vs long term?





Discussion

• Other criteria?













Design framework (another look)





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• Check our YouTube channel

www.anybodytech.com

• Events, dates, publication list, ...

www.anyscript.org

• Wiki, Forum, Repositories

Events:

14-17 Jun: CAOS International 2017, Aachen, Germany

14-18 Jun: ISBS 2017, Cologne, Germany

21 Jun Webcast: Computing realistic loads in the lumbar spine by using the AnyBody musculoskeletal model

Meet us? Send email to sales@anybodytech.com





Time for questions



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