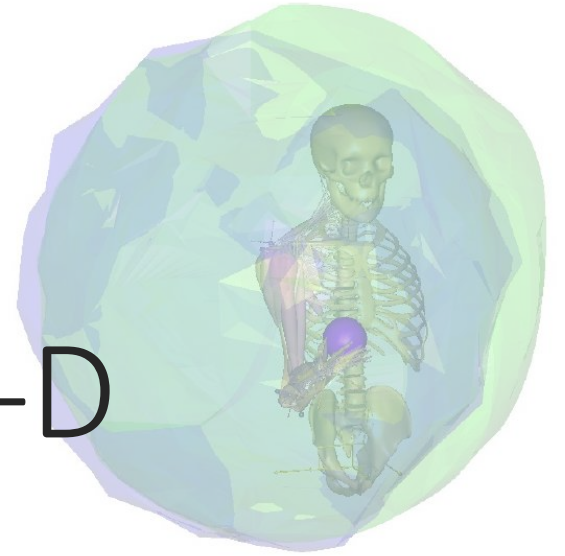


The webcast will start in a few minutes....

# Model validation using the 3-D reachable workspace

---

AN EXPERIMENTAL + COMPUTATIONAL APPROACH



# Outline

---

- Short introduction to the AnyBody Modeling System.
- Presentation by Miguel
  - Kinematic measurement – 3D reachable workspace
  - Force measurement – Max directional capability
  - Validation of a musculoskeletal model
- Questions and answers



**Miguel Nobre Castro, PhD Student**

AnyBody Research Group,  
Dept of Mechanical and Manufacturing Engg  
Aalborg University (DK)



**Host:**  
Ananth Gopalakrishnan  
Product Specialist  
AnyBody Technology

# Control Panel

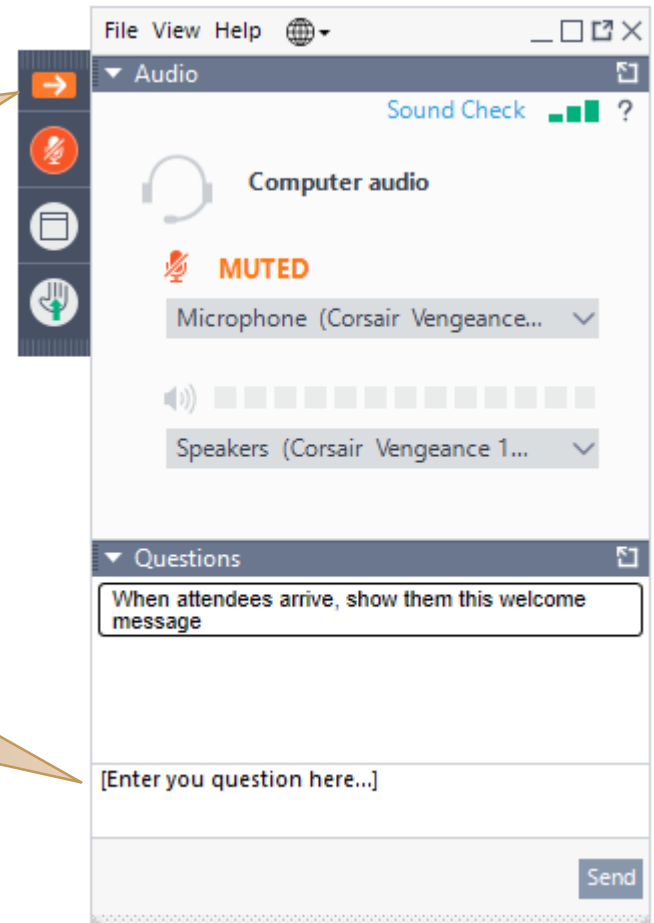
The Control Panel appears on the right side of your screen.

Submit questions and comments via the Questions panel.

*Questions will be addressed at the end of the presentation. If your question is not addressed we will do so by email.*

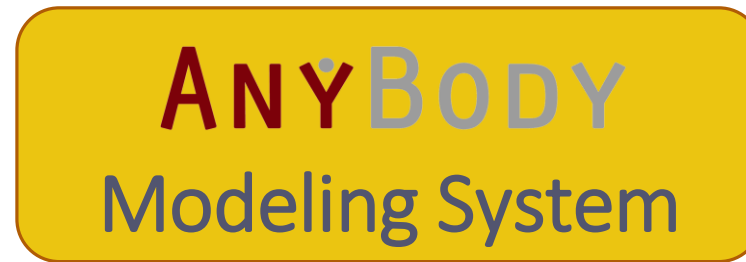
Expand/Collapse the Control Panel

Ask a question during the presentation



## Musculoskeletal Simulation

Motion data  
Kinematics + Forces

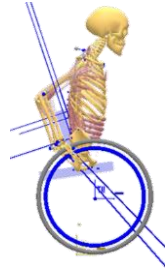


Body Loads

- Joint moments
- Muscle forces
- Joint reaction forces



Movement  
Analysis

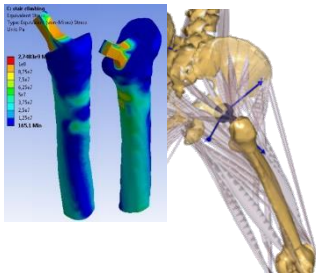


Product Design  
Optimization



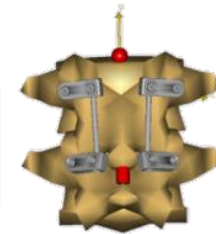
Ergonomic  
Analysis

# ANYBODY Modeling System

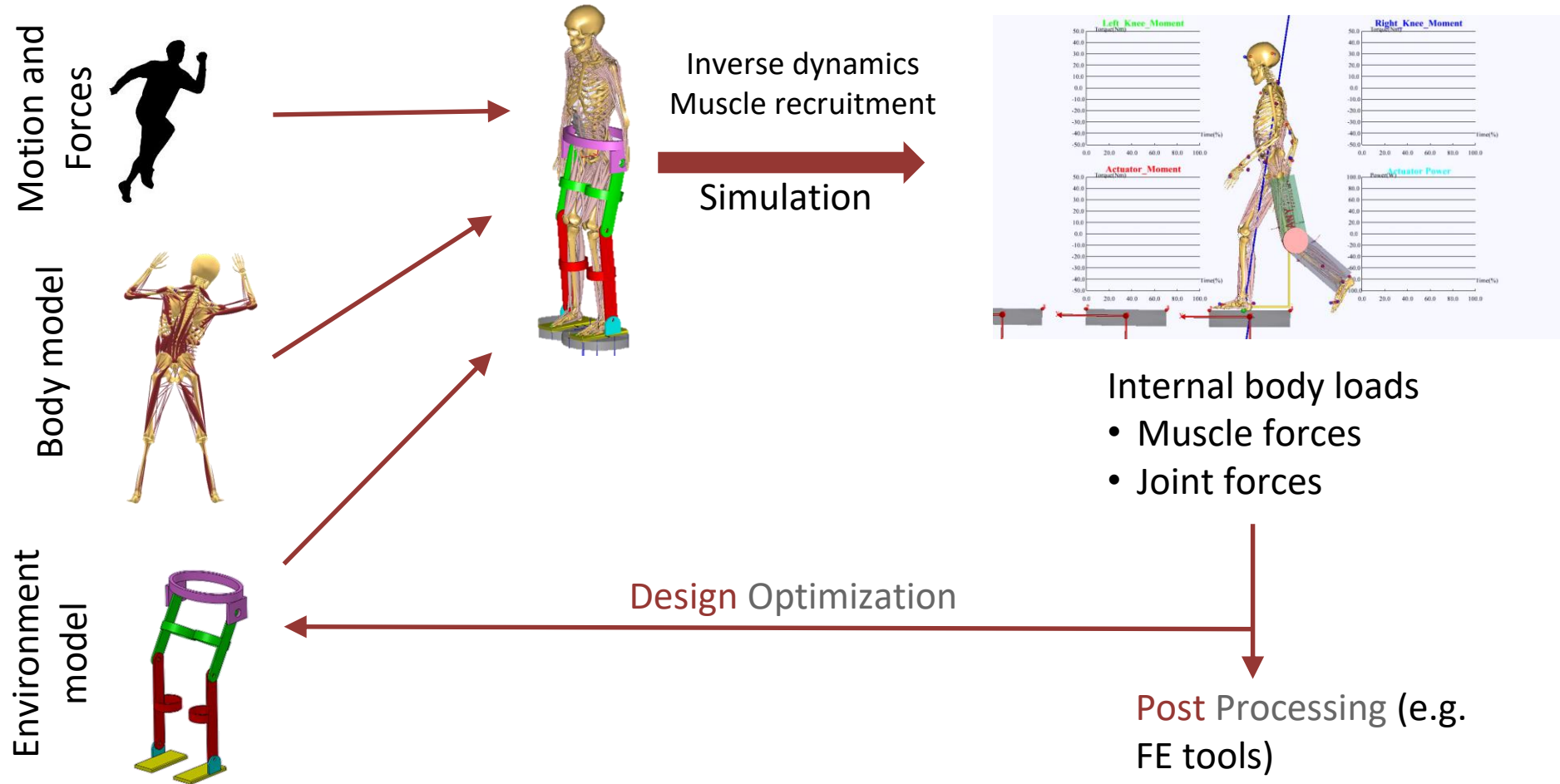


Load Cases for  
Finite Element  
Analysis

Surgical Planning and  
Outcome Evaluation



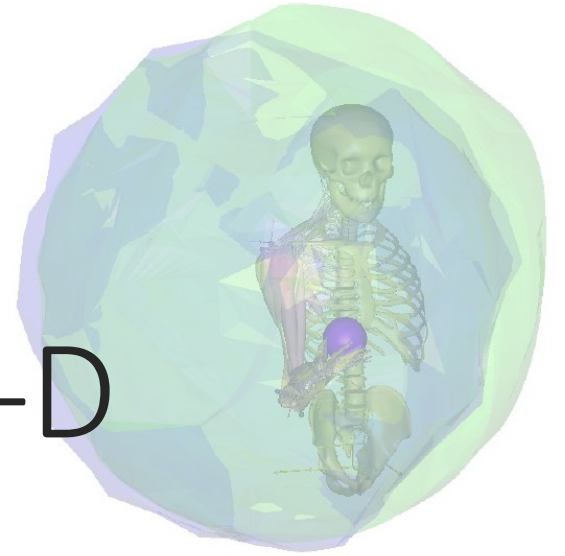
# AnyBody Modeling System



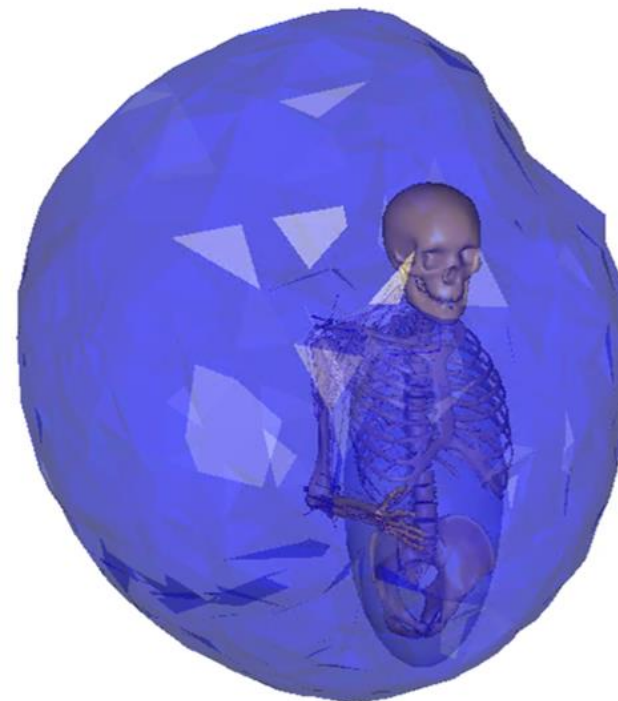
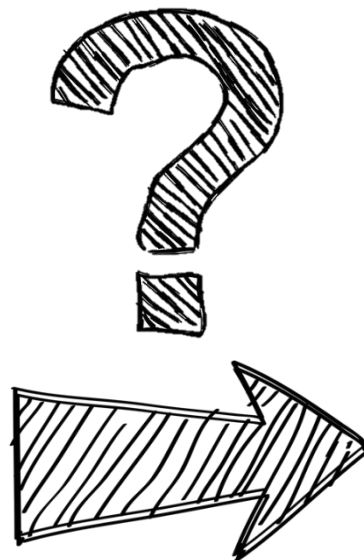
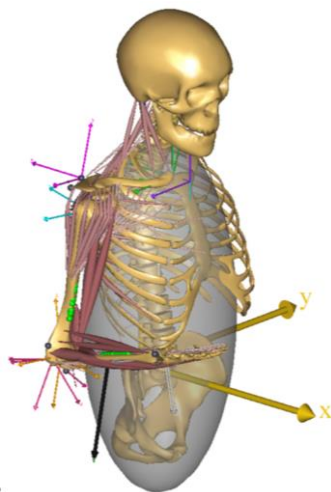
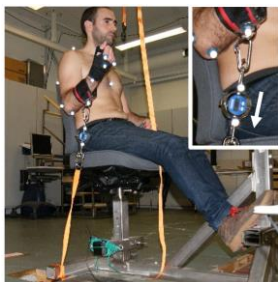
# Model validation using the 3-D reachable workspace

---

AN EXPERIMENTAL + COMPUTATIONAL APPROACH



# ON THE VALIDATION OF MUSCULOSKELETAL MODELS USING THE ANATOMICAL 3-D REACHABLE WORKSPACE



MIGUEL NOBRE CASTRO<sup>1</sup>, JOHN RASMUSSEN<sup>1</sup>, SHAOPING BAI<sup>1</sup>, MICHAEL SKIPPER ANDERSEN<sup>1</sup>

<sup>1</sup>Dept. Mechanical & Manufacturing Engineering, Aalborg University, Denmark

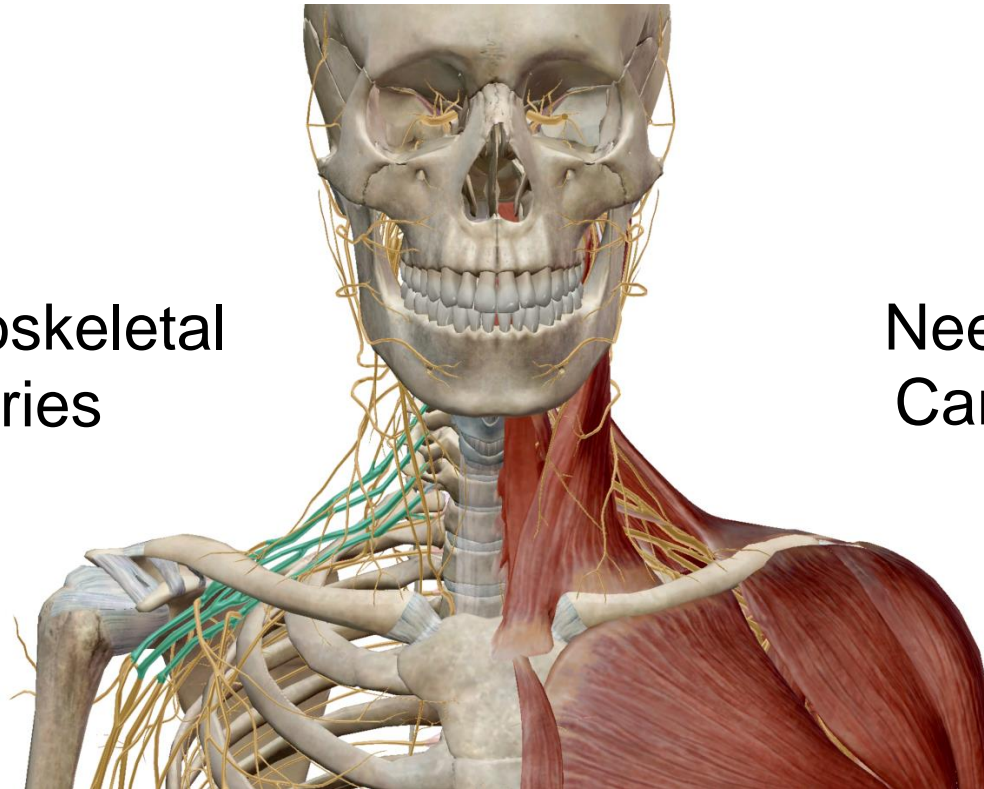


# Background

Neuromuscular  
Disorders

Musculoskeletal  
Injuries

Progressing  
Atrophy



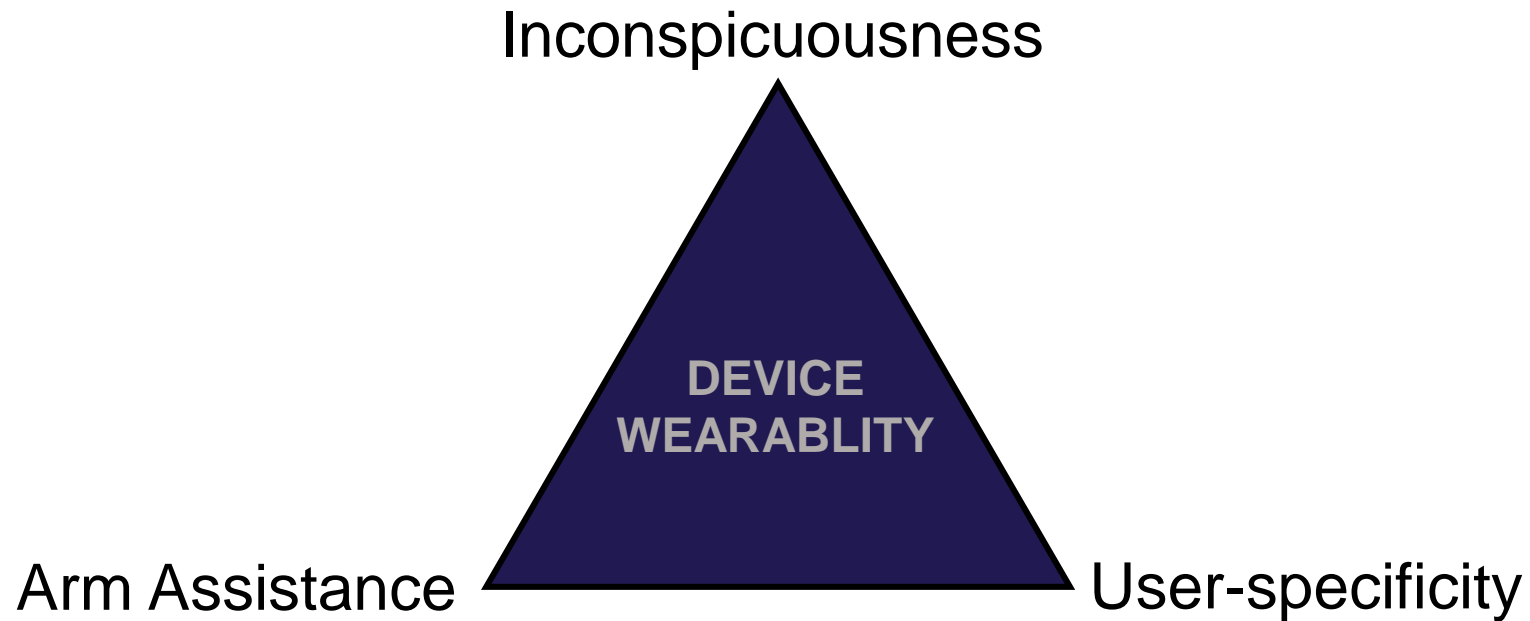
Residual Muscle  
Function

Need for a  
Caregiver

Lack of  
Autonomy

INDIVIDUAL LEVEL OF IMPAIRMENT

# Motivation



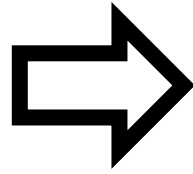
Can musculoskeletal modeling help designing these?

# Workflow

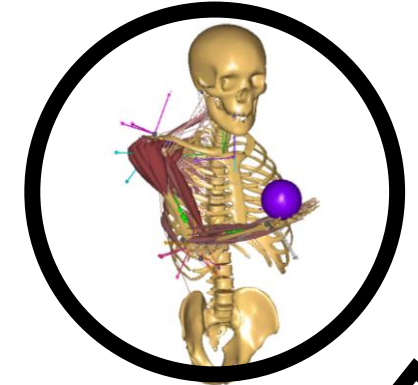
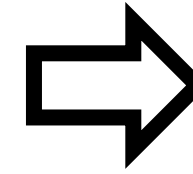
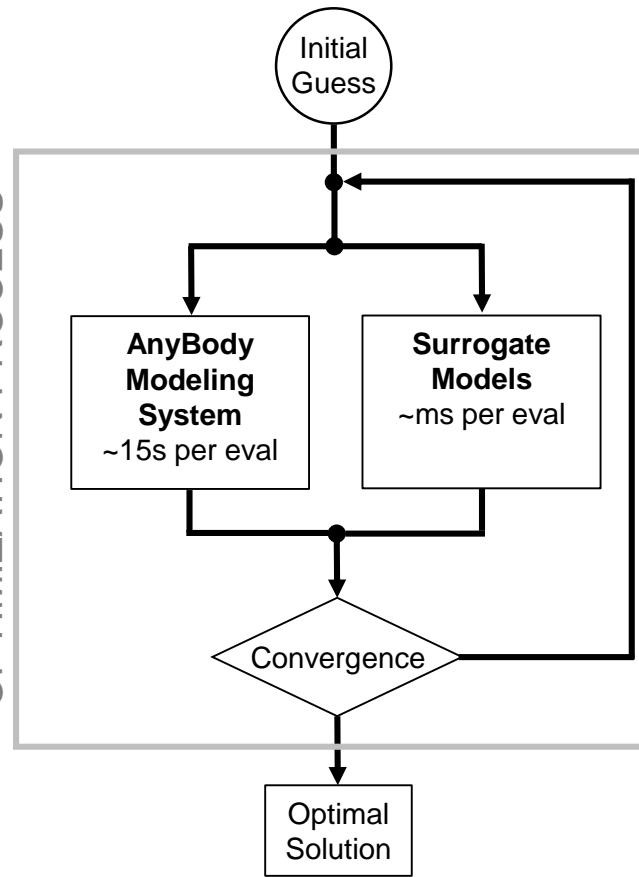
USER-SPECIFIC  
MODEL CALIBRATION



USER DATA



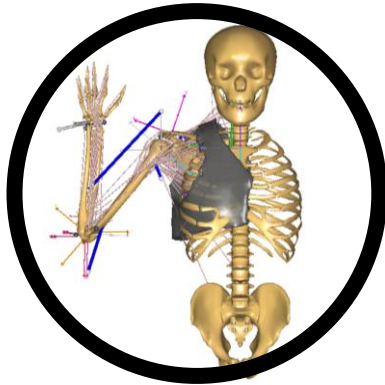
OPTIMIZATION PROCESS



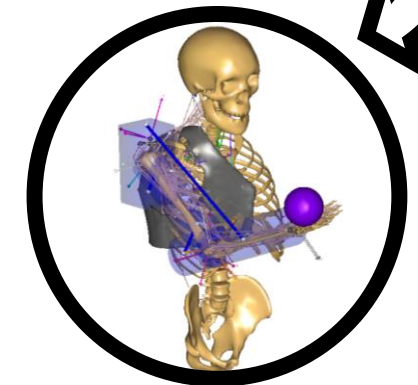
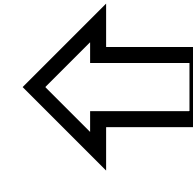
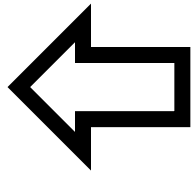
USER MODEL



USER-SPECIFIC  
ORTHOSIS DESIGN



HAPPY USER



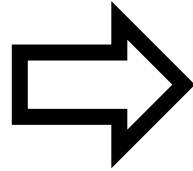
ORTHOSIS MODEL

# Subject-specific Modelling

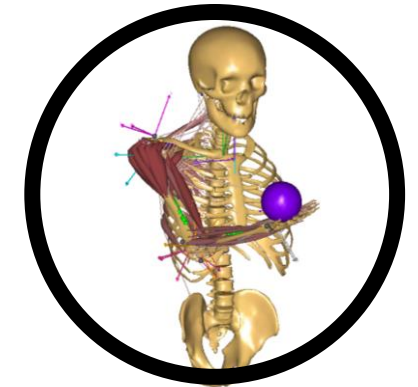
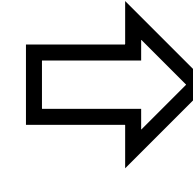
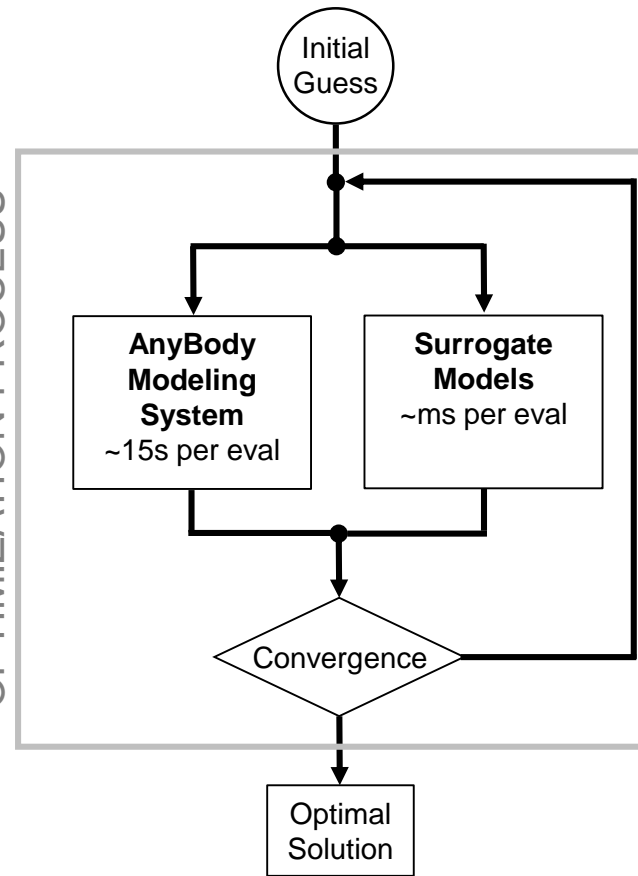
USER-SPECIFIC  
MODEL CALIBRATION



USER DATA



OPTIMIZATION PROCESS

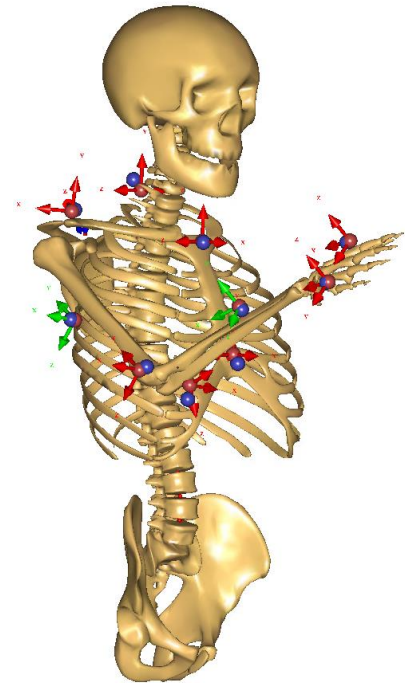


USER MODEL

# What is the reachable workspace?

The reachable 3-D workspace of a manipulator is described as the region that the origin of the end-effector's frame (a point in the hand for the case of the upper extremity) can reach with at least one orientation, and this volume is typically used as a robot performance metric (Siciliano et al., 2009).

Anatomically speaking, the human RWS can be estimated from a reference point in the hand or wrist (Lenarcic and Umek, 1994).



# A novel protocol to measure the RWS

1.

FIVE REACHING TASKS

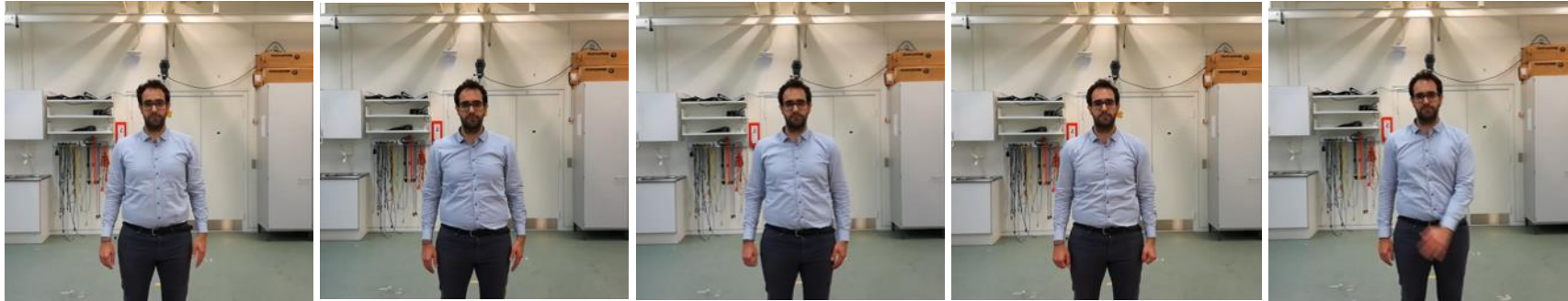
Vertical

Horizontal

Shower

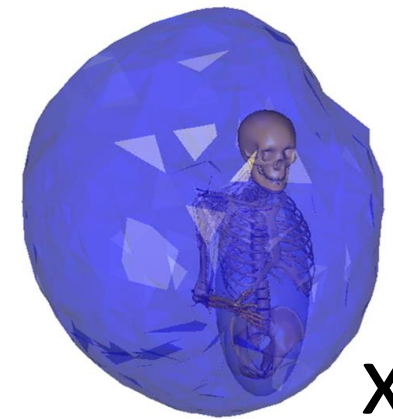
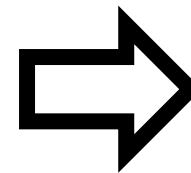
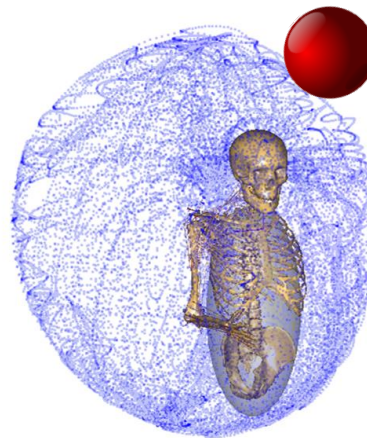
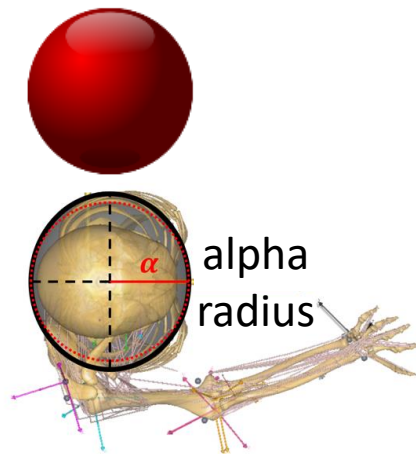
Curls

Free Motion



2.

ALPHA SHAPE POINT CLOUD



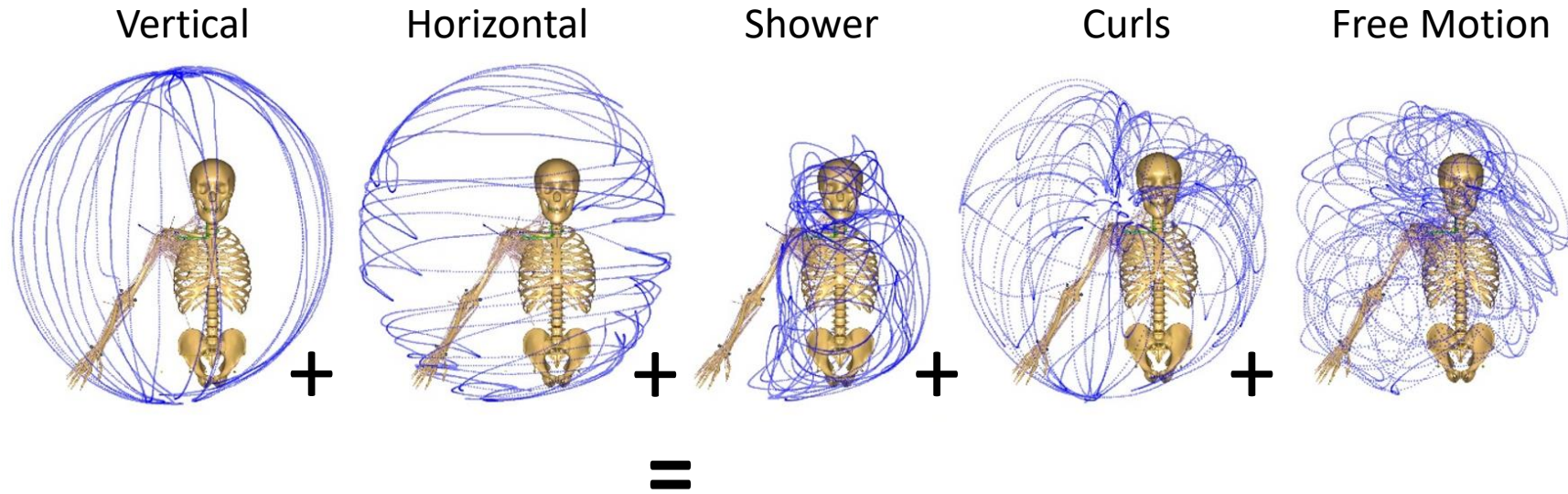
FOUR LOAD CASES

- No Payload
- Load Case 1
- Load Case 2
- Load Case 3

# New protocol to measure the RWS

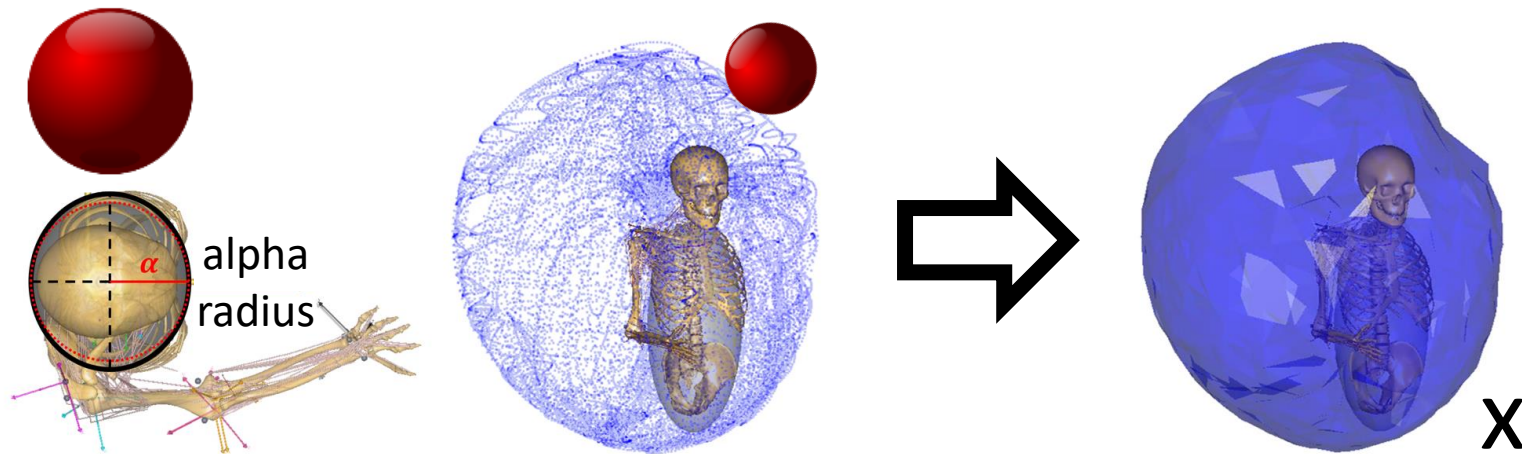
1.

FIVE REACHING TASKS



2.

ALPHA SHAPE POINT CLOUD

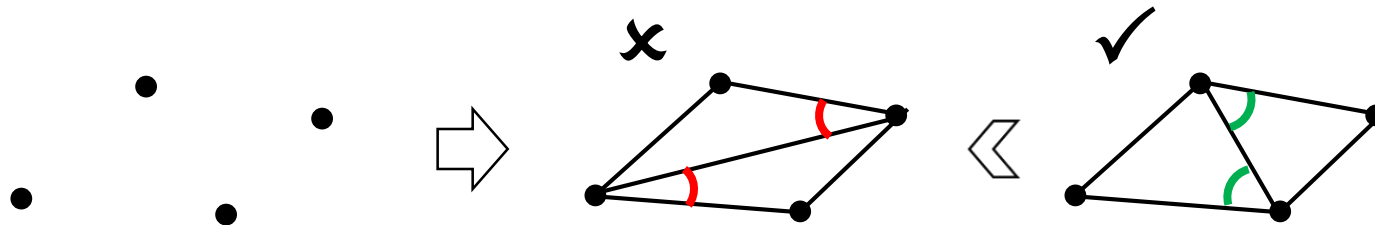


FOUR LOAD CASES

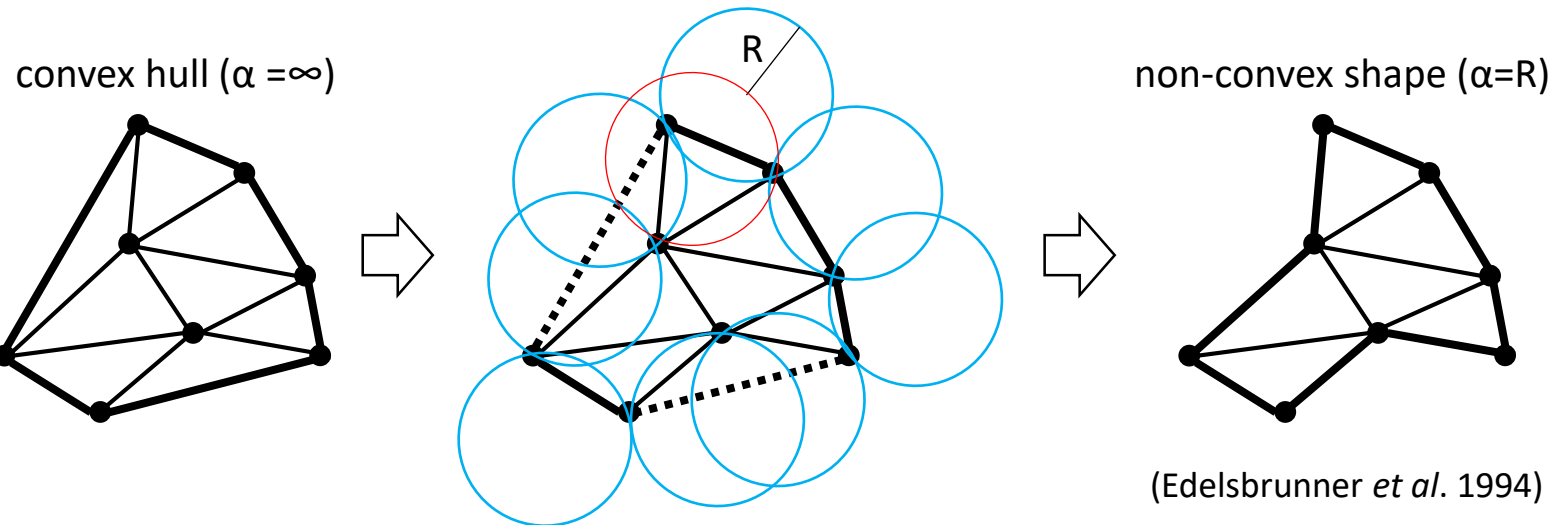
- No Payload
- Load Case 1
- Load Case 2
- Load Case 3

# The alpha shape of a point cloud

Maximize the minimum angle over the triangles

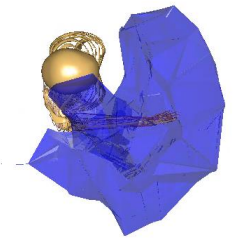
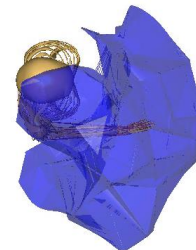
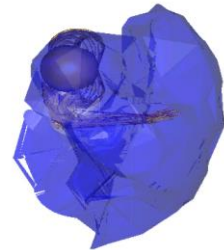
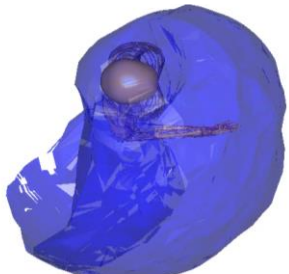
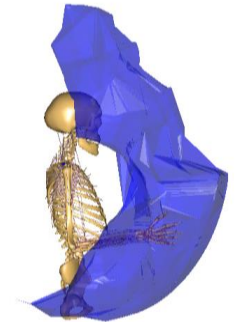
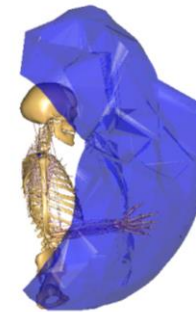
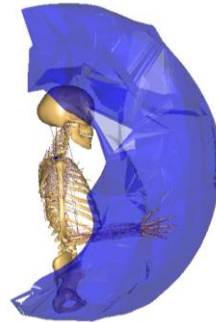
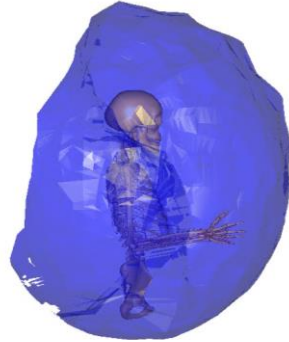
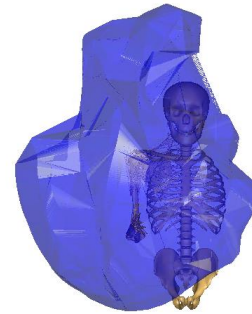
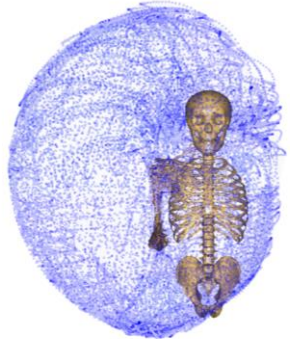


A carving sphere exposes the inner edges of the polygon





# Experimental RWS assessment



No Payload

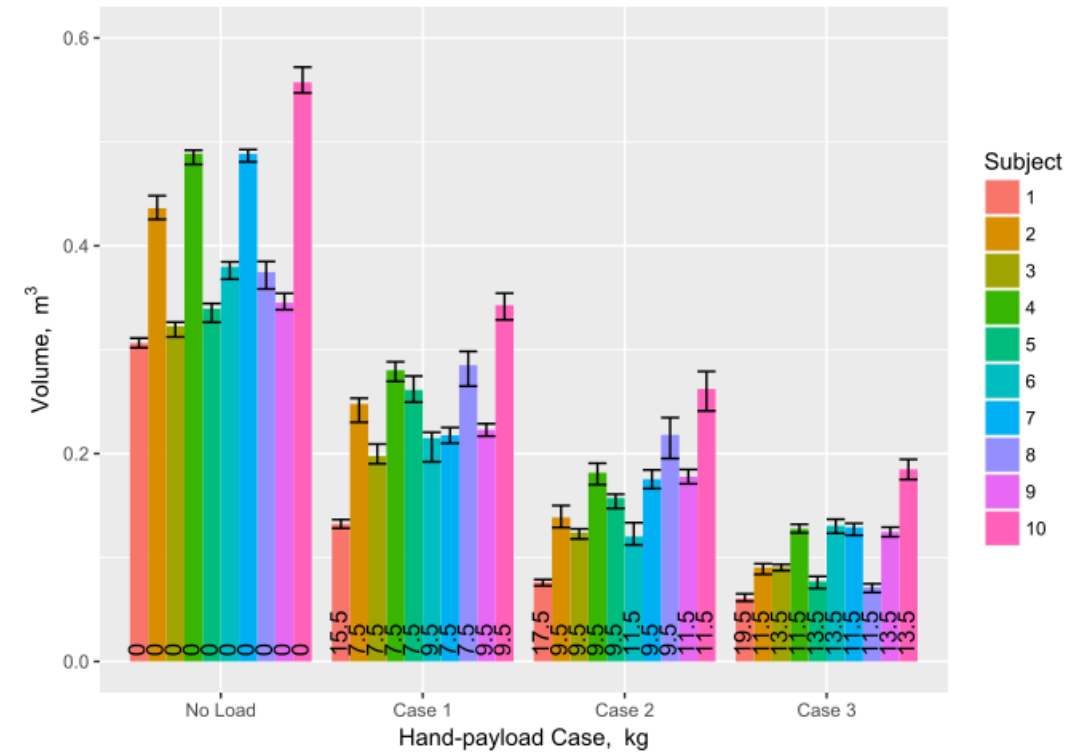
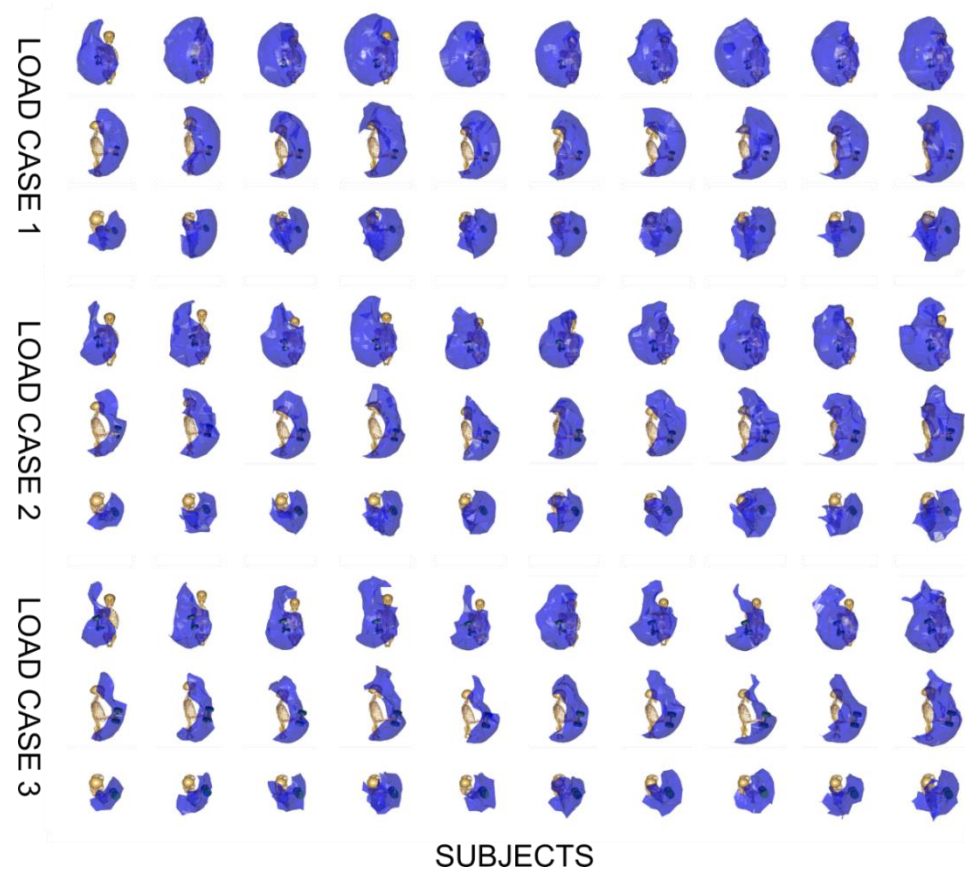
Load Case 1 (7.5 kg)

Load Case 2 (9.5 kg)

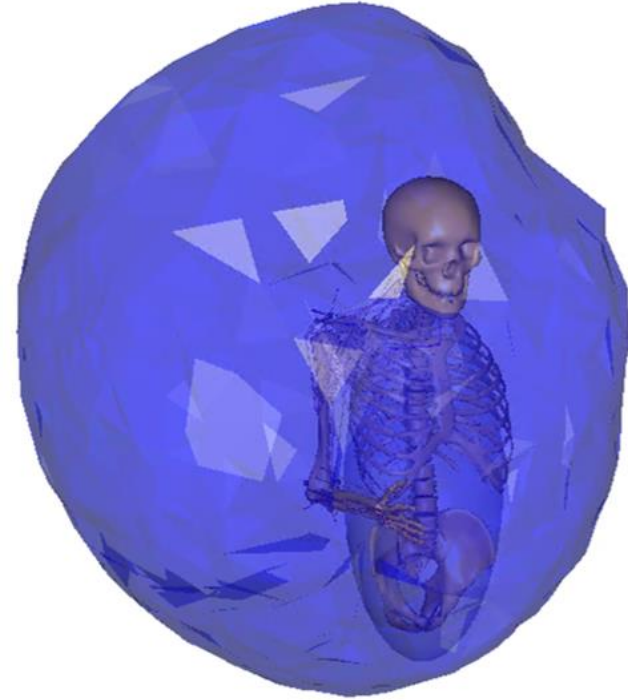
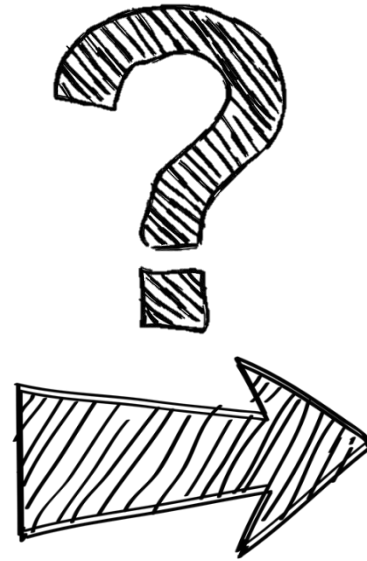
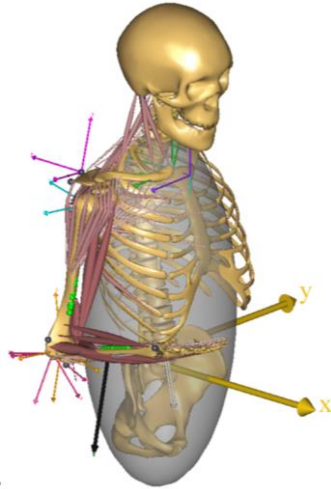
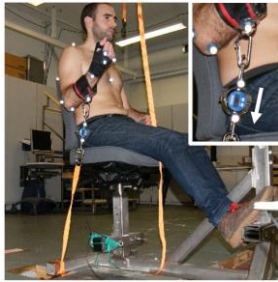
Load Case 3 (11.5 kg)



# Experimental RWS assessment



# Can we predict the RWS from strength data?

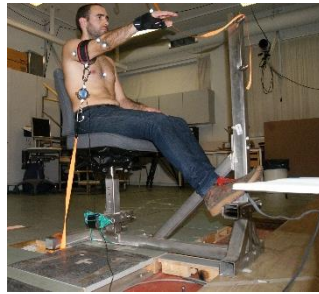


# Three force measurements across 12 directions

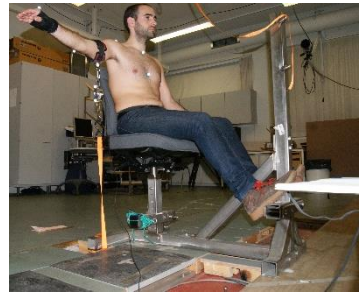
SC Elevation



GH Flexion



GH Abduction



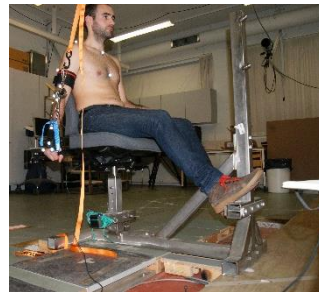
GH Ext Rot



E Flexion



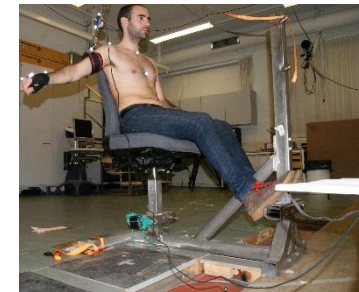
Push



SC Depression



GH Extension



GH Adduction



GH Int Rot



E Extension

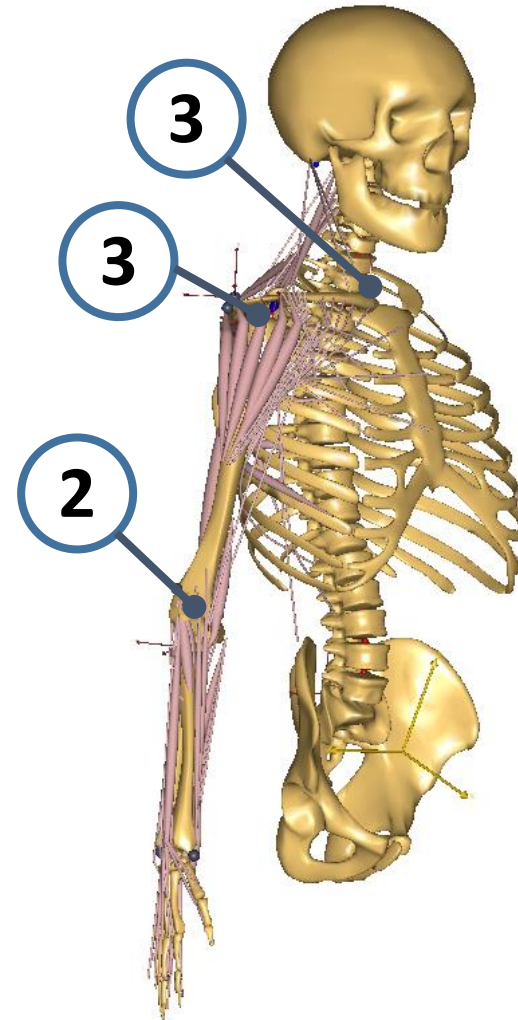


Pull

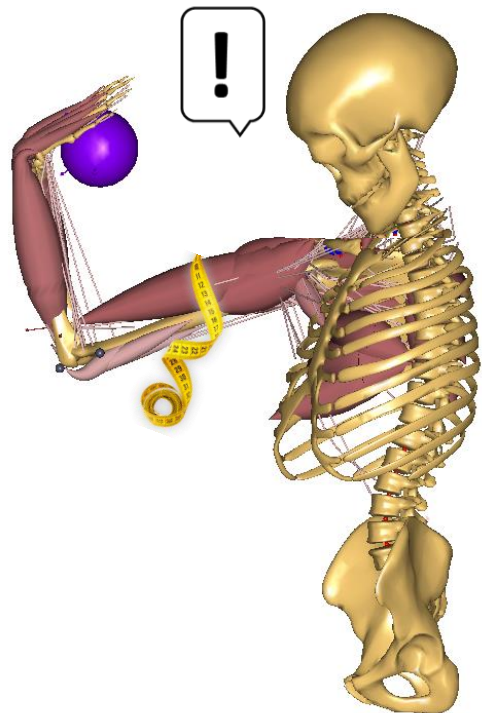
36 measurements

# Muscle recruitment criteria

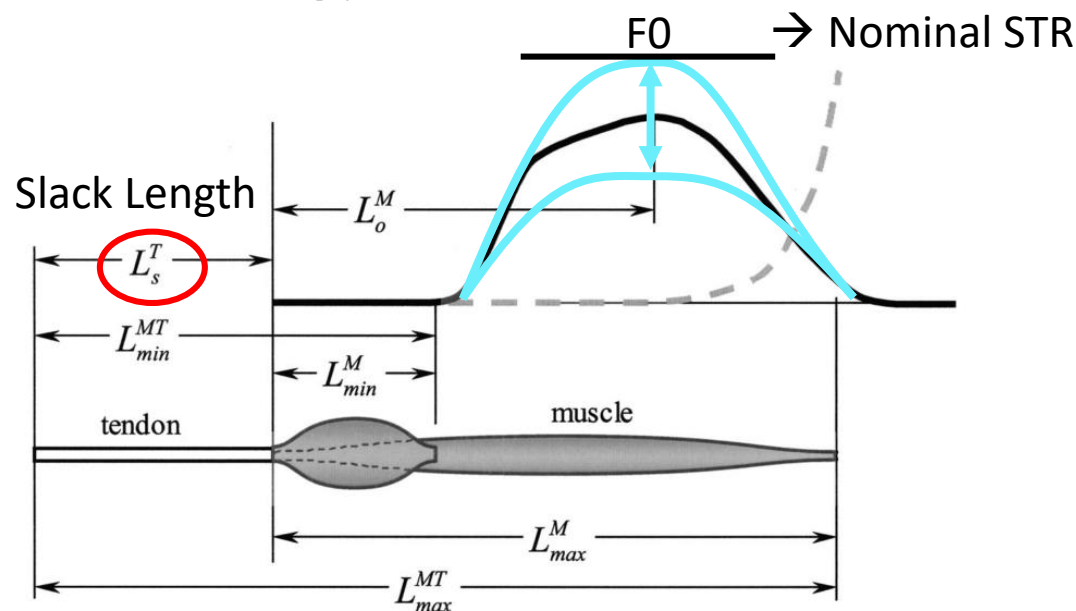
- Right arm model of '*Standing Model*'
- *8 degrees-of-freedom (DOF)*
- *Length-Mass-Fat scaling law*
- 3-elements muscle model
- Min/Max polynomial criterion ( $p=3$ )
- One step tendon length calibration



## Calibrating and adjusting the model...



```
AnyMuscleModel3E biceps_brachii_caput_longum = {
  AnyVar JSF = DesignVar(1.0); //MNC
  AnyVar PCSA = 178.000000; // mm^2 VU study
  F0 = JSF * StrengthScaleHumerus * PCSA * ConstParam MusStress;
  Lbar = 0.10000; // Yamaguchi
  It0 = 0.1; // Estimated
  Gammabar = (pi/180) * 2.000000; // Estimated
  Epsilonbar = EpsilonbarTemp;
  K1 = K1Temp;
  K2 = K2Temp;
  Fcfast = FcfastTemp;
  Jt = JtTemp;
  Jpe = JpeTemp;
  PEFactor = PEFactorTemp;
};
```



Adapted from Garner and Pandy (2003)

## Grouping Muscles by JSF

```
//Global
AnyVar JSF_Global = DesignVar(1.0);

//Arm
AnyVar JSF_ScaStabAnt = DesignVar(1.0);
AnyVar JSF_ScaStabPos = DesignVar(1.0);

AnyVar JSF_SCPPro = DesignVar(1.0);
AnyVar JSF_SCRet = DesignVar(1.0);
AnyVar JSF_SCEle = DesignVar(1.0);
AnyVar JSF_SCDep = DesignVar(1.0);

AnyVar JSF_GHFle = DesignVar(1.0);
AnyVar JSF_GHExt = DesignVar(1.0);
AnyVar JSF_GHAbd = DesignVar(1.0);
AnyVar JSF_GHAdd = DesignVar(1.0);
AnyVar JSF_GHExtRot = DesignVar(1.0);
AnyVar JSF_GHIntRot = DesignVar(1.0);

AnyVar JSF_EFle = DesignVar(1.0);
AnyVar JSF_EEExt = DesignVar(1.0);
AnyVar JSF_EPro = DesignVar(1.0);
AnyVar JSF_ESup = DesignVar(1.0);
```

```
AnyVar JSF_WStab = DesignVar(1.0);
```

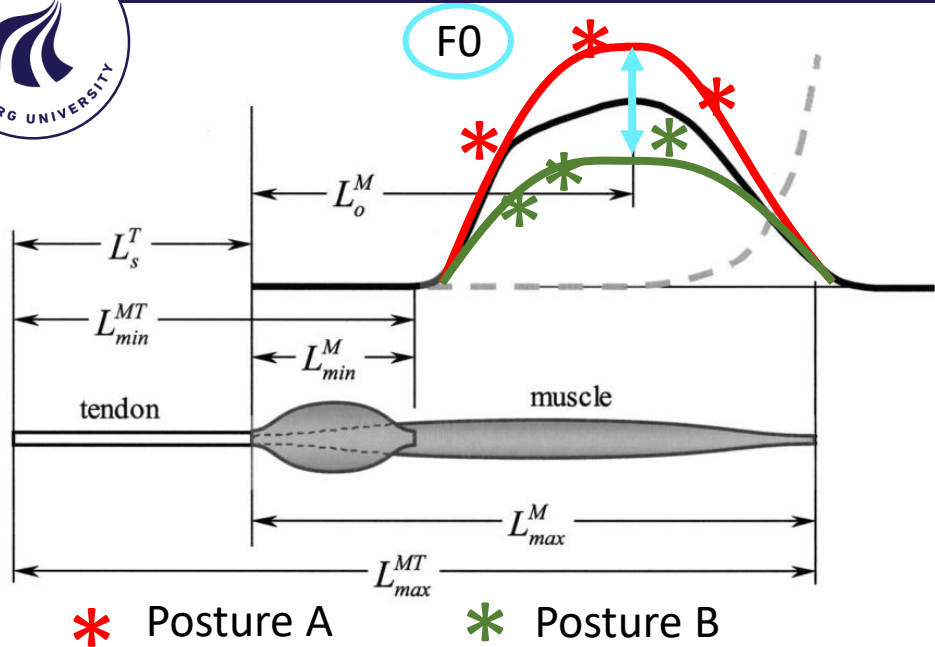
= 18-D problem!

```
// Biceps brachii long head #1
AnyVar biceps_brachii_caput_longum_prod = MSF_biceps_brachii_caput_longum * JSF_Global * (JSF_GHFle * JSF_EFle * JSF_ESup);

// Run JSF BasicOptStudy
AnyOperationSequence RunJSF_BasicOptSequence = {
  AnyOperationMacro load = {MacroStr={ "classoperation Main.MuscleStrengthSettings.DefaultMuscleStrengthStudy " + strquote("Load design") + " --file=" + strquote(SUBJECT_PATH + "Calib3E.txt")}};
  AnyOperation& SetJointStrengthFactors = .SetJointStrengthFactors;
  AnyOperationMacro update = {MacroStr={ "classoperation Main " + strquote("Update Values") }};

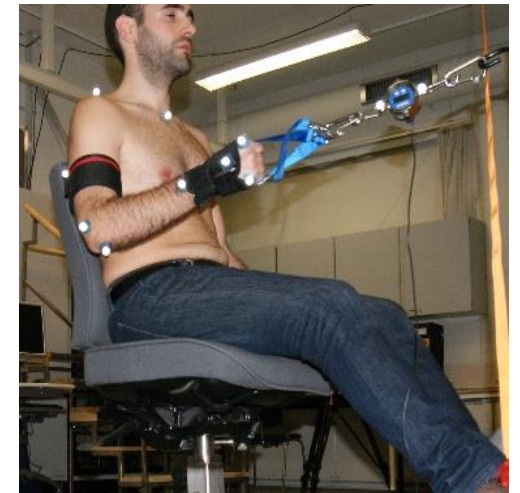
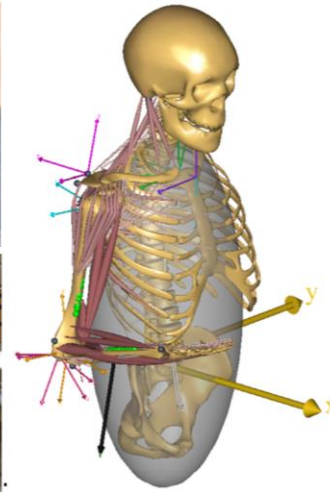
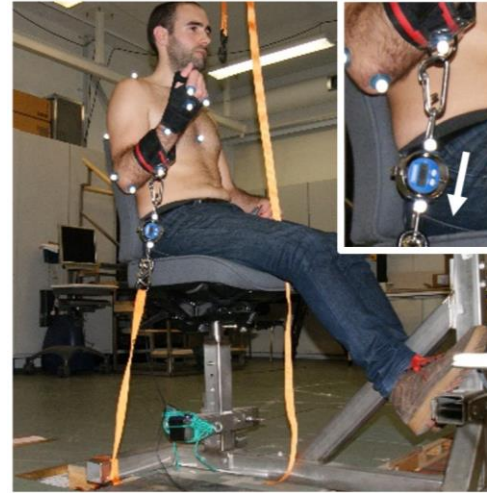
  AnyOperation& InvDyn = ..Study.InverseDynamics;

  AnyOperationMacro dump1 = {MacroStr = { "classoperation Main.Study.MaxMuscleActivity"+ strquote("Dump")}};
  AnyOperationMacro dump2 = {MacroStr = { "classoperation Main.Study.NodesOfInterest.PalmNode_Thorax.Pos"+ strquote("Dump")}};
  AnyOperationMacro dump3 = {MacroStr = { "classoperation Main.Study.NodesOfInterest.ElbowNode_Thorax.Pos"+ strquote("Dump")}};
};
```



\* Posture A

\* Posture B



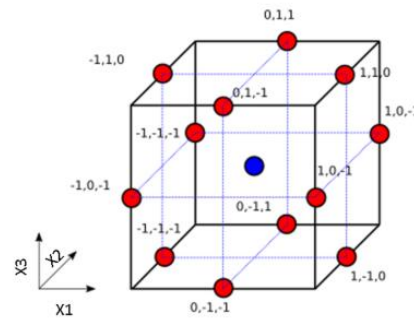
(2x3 postures about the direction of each 6 DOFs)  
=36 measurements



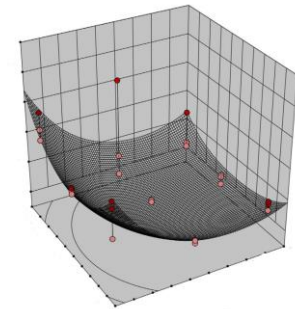
OPTIMIZATION GOAL

$$\min_{x_{JSF}^*} f(x) = \sum_{i=1}^{36} (MMACT_i - 1)^2$$

Box-Behnken design



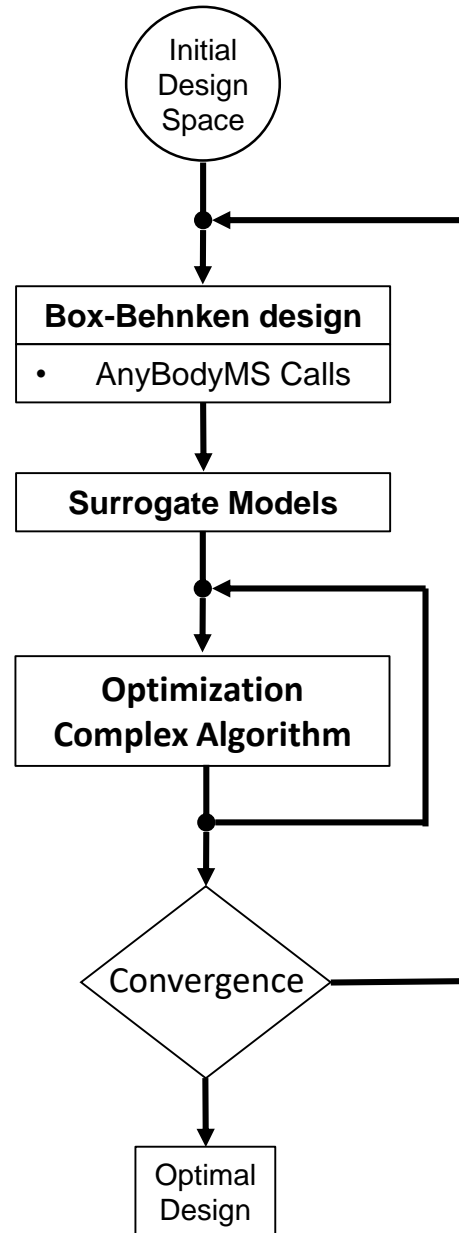
Quadratic Response Surface



3 Design Variables ➤ 10 coefficients ➤ 13 samples  
 $y = a_0 + a_1x_1 + a_2x_2 + a_3x_3 + a_4x_1x_2 + a_5x_1x_3 + a_6x_2x_3 + a_7x_1^2 + a_8x_2^2 + a_9x_3^2$   
 18 Design Variables ➤ 343 coefficients ➤ 624 samples...  
 ... x **36** = **22,464 samples!!!** (...or AMS calls)



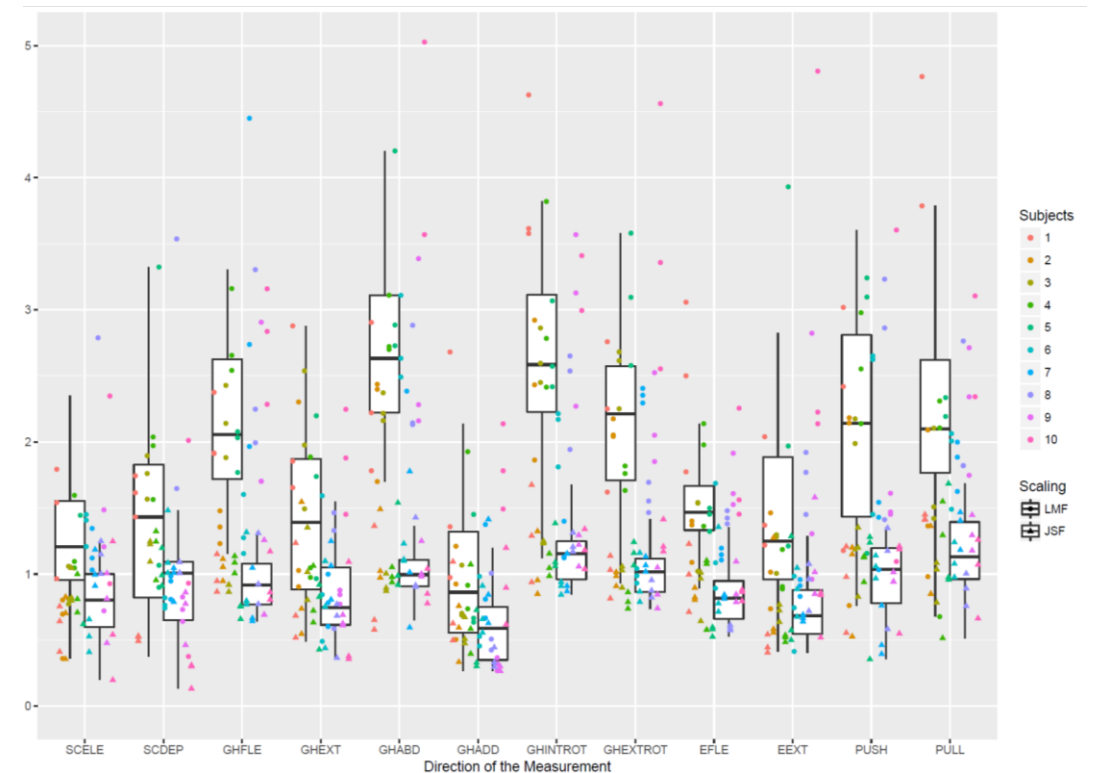
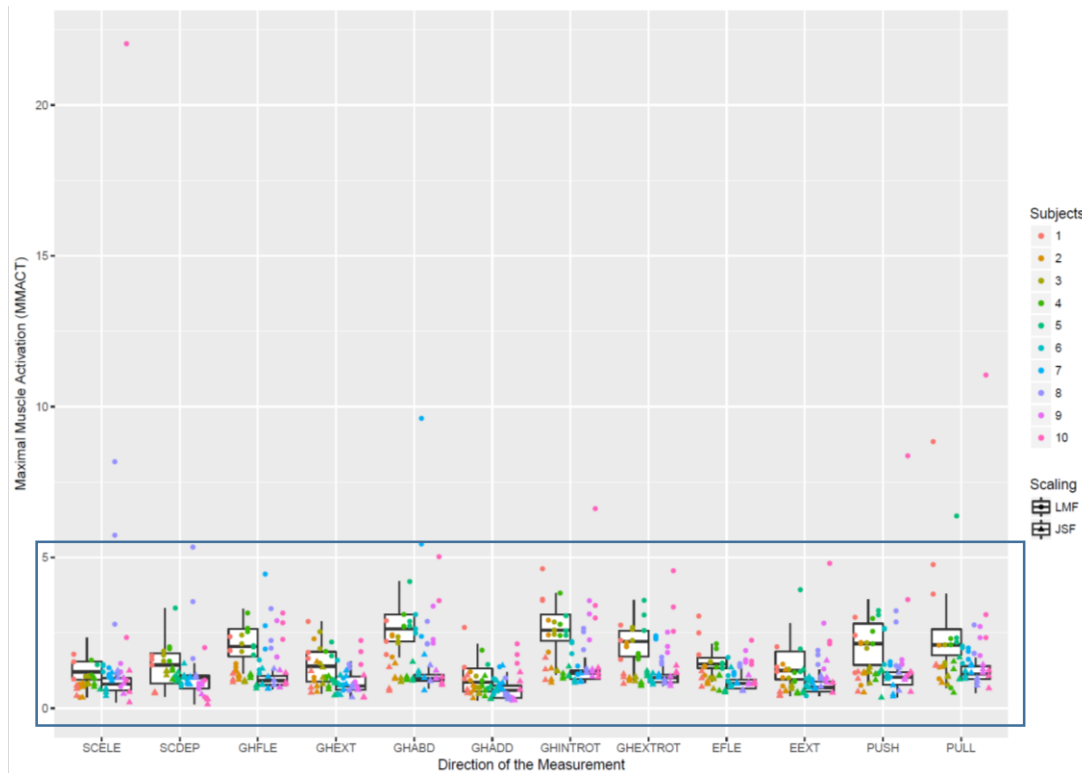
# Optimization Step





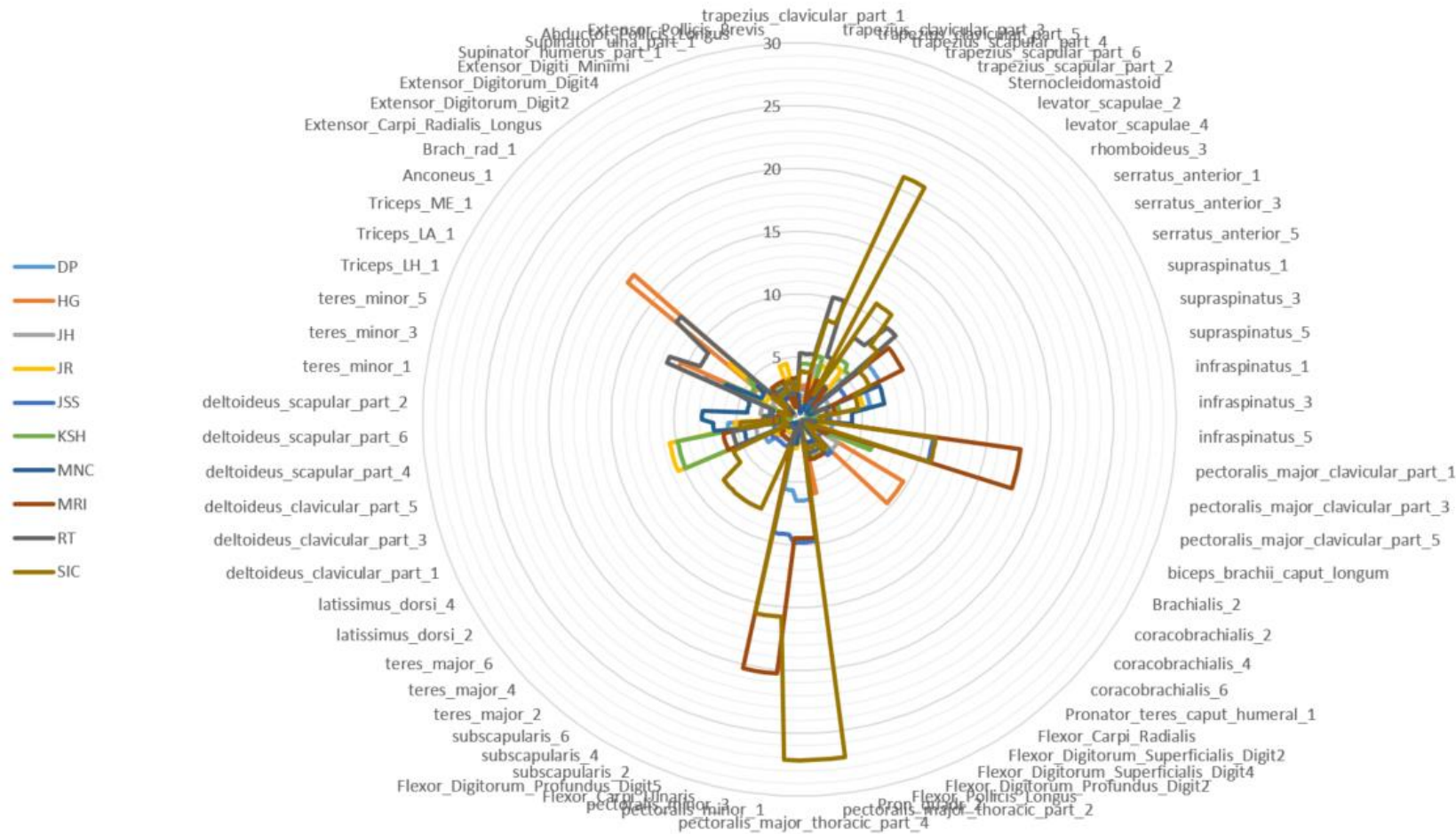
# The MMACT for the 36 postures across subjects

$$\min_{\mathbf{x}_{JSF}^*} f(\mathbf{x}) = \sum_{i=1}^{36} (MMACT_i - 1)^2$$





# The optimized Joint Strength Factors (JSF)



# How to simulate the RWS? How to compare them?

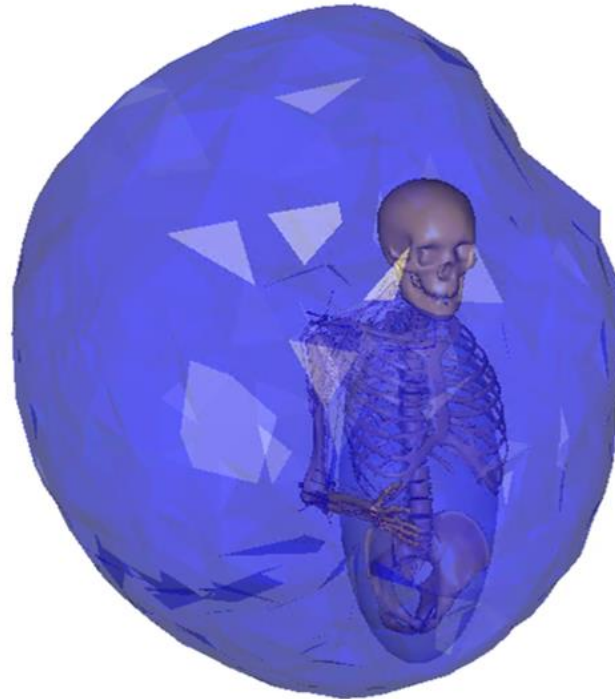
## Experimental RWS

X

“Length-Mass-Fat (LMF)  
only scaled” model RWS

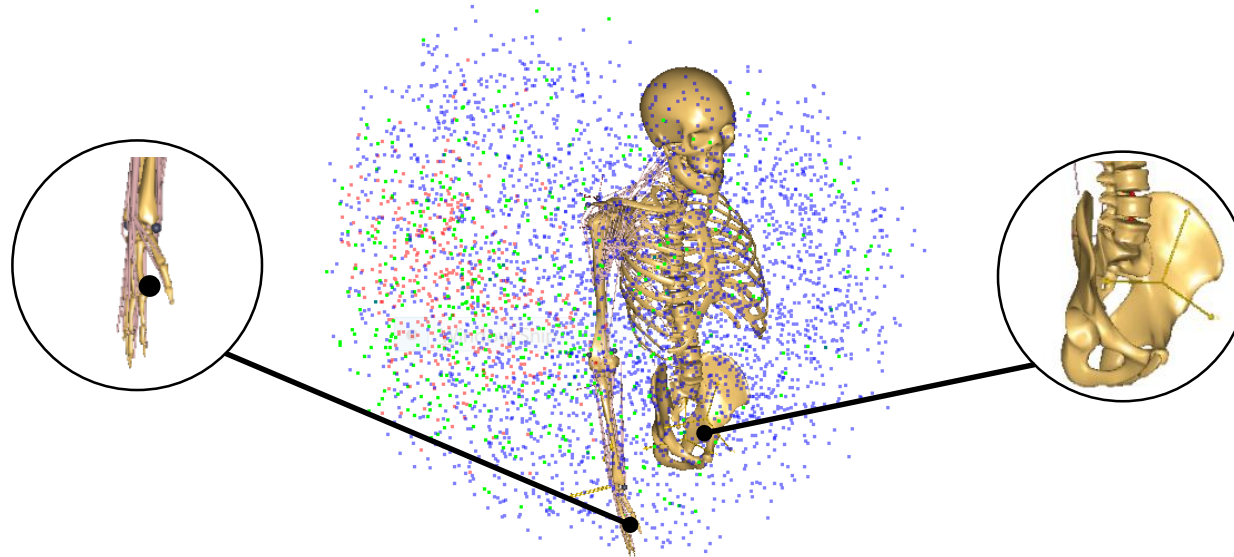
X

“Joint Strength Factor  
(JSF) scaled” model RWS

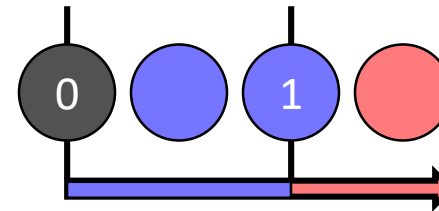


# How to simulate the RWS?

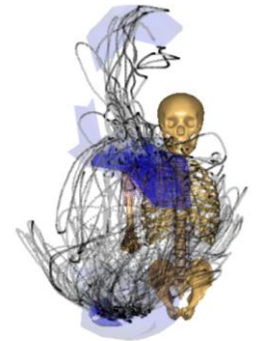
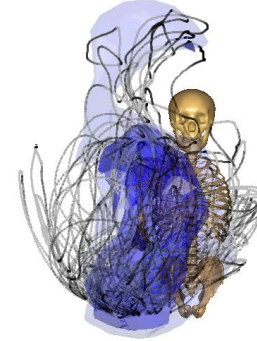
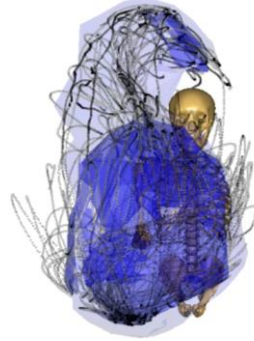
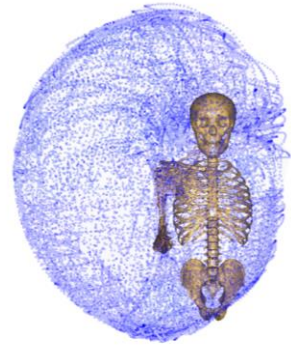
Inverse  
Dynamic  
Analyses



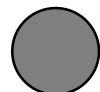
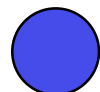
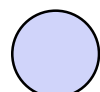
*Overall muscle activation*

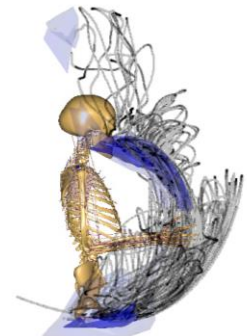
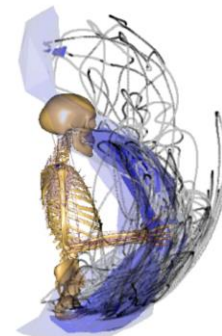
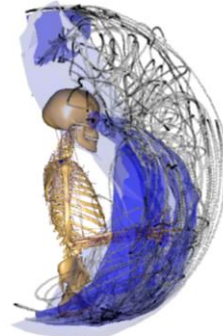


# The RWS for a model only LMF scaled



ROM000

-  Case Mocap
-  Case ROM
-  Full ROM

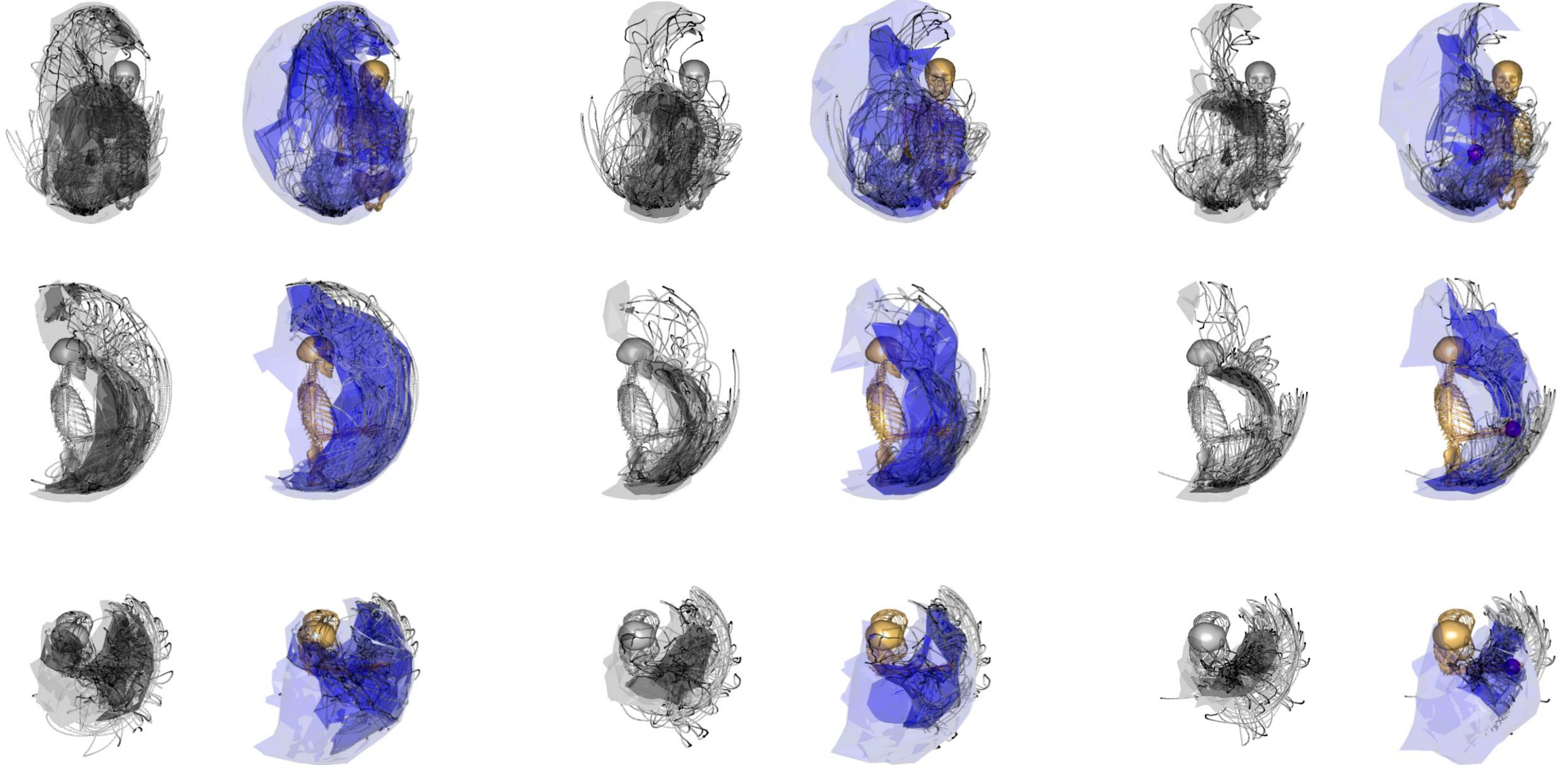


Load case 1

Load Case 2

Load Case 3

# The RWS for a model LMF and JSF scaled

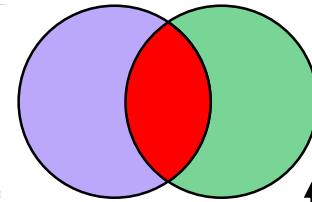


Load case 1

Load Case 2

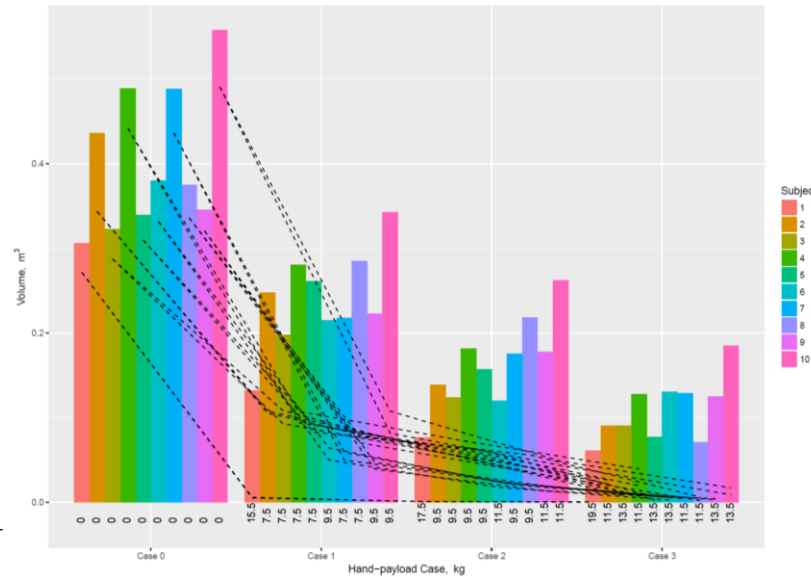
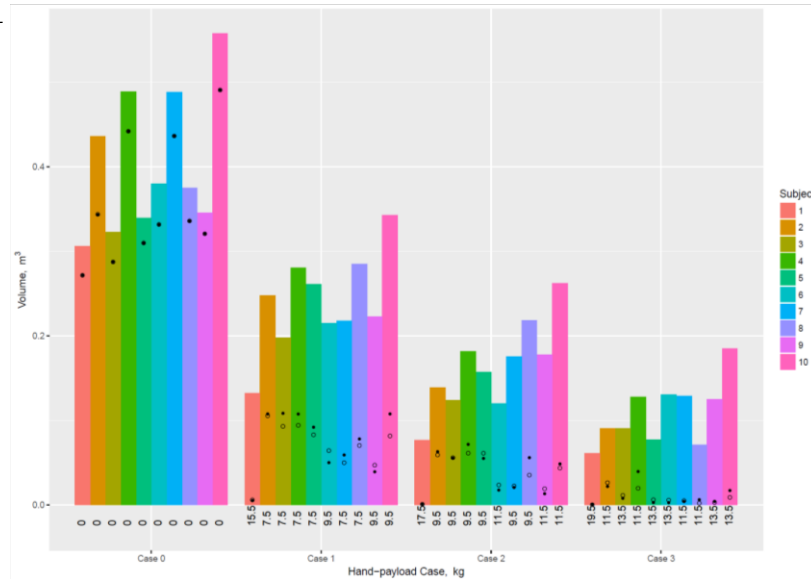
Load Case 3

# How well does the predicted volume match the experimental?

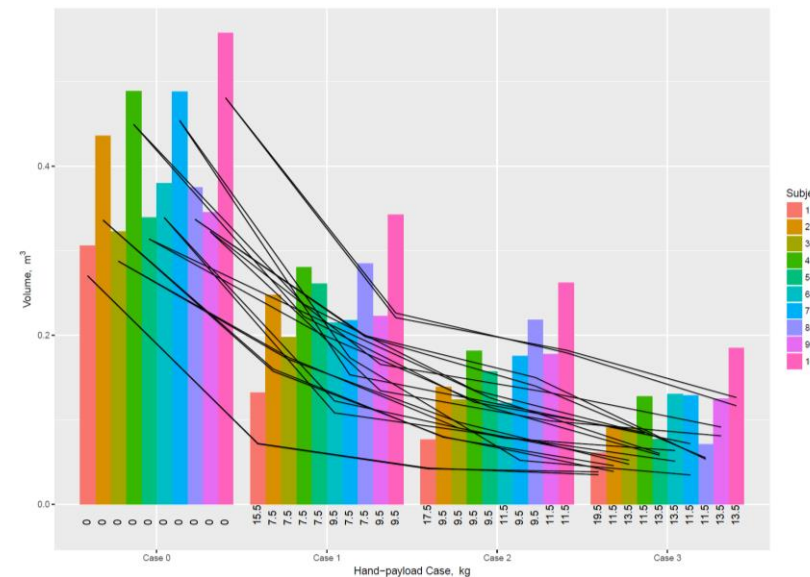
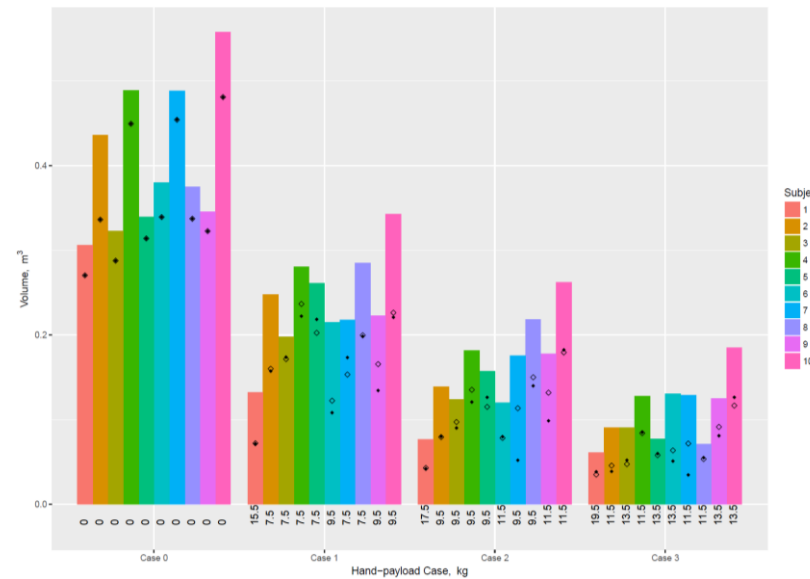


Intersection  
(exp w/ pred)  
Volume  
Vs  
Experimental  
Volume

LMF



JSF





# Discussion/Conclusion

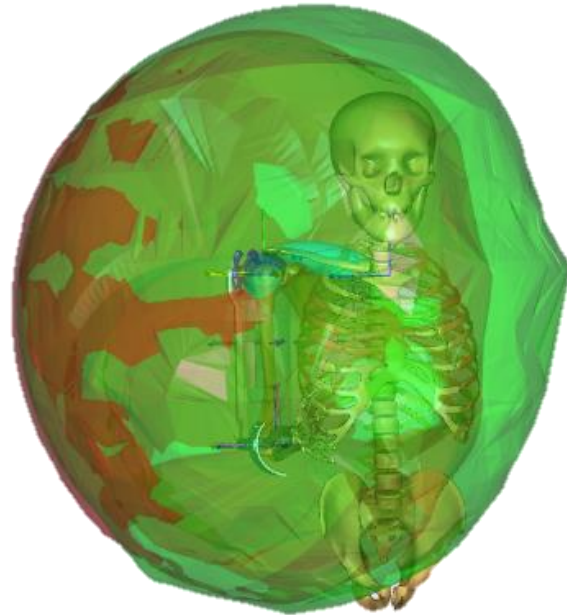
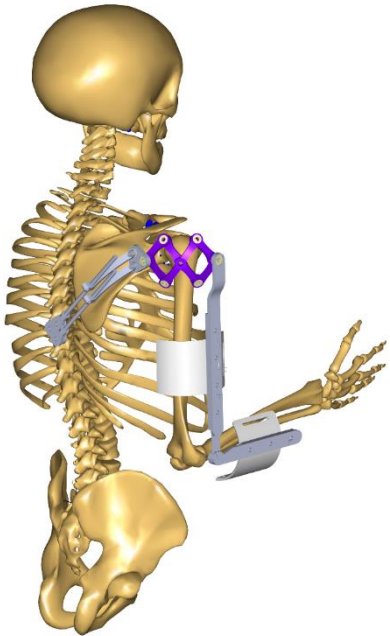
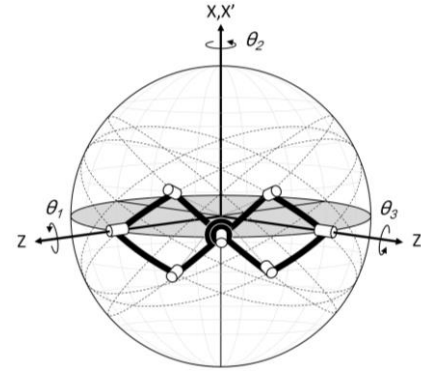
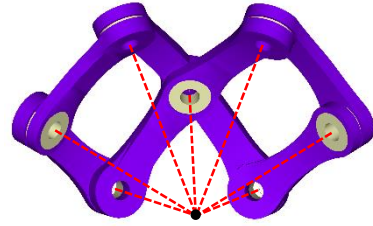
- Models length-mass-fat scaled are generally weak
- The simple one-step calibration method might not be enough
- More experimental data is required to validate this method
- This type of procedures are typically computationally expensive
- Reachable workspace can potentially be a validation tool



ON THE VALIDATION OF MUSCULOSKELETAL MODELS USING  
THE ANATOMICAL 3-D REACHABLE WORKSPACE



# The CXD - Compact X-scissors Device

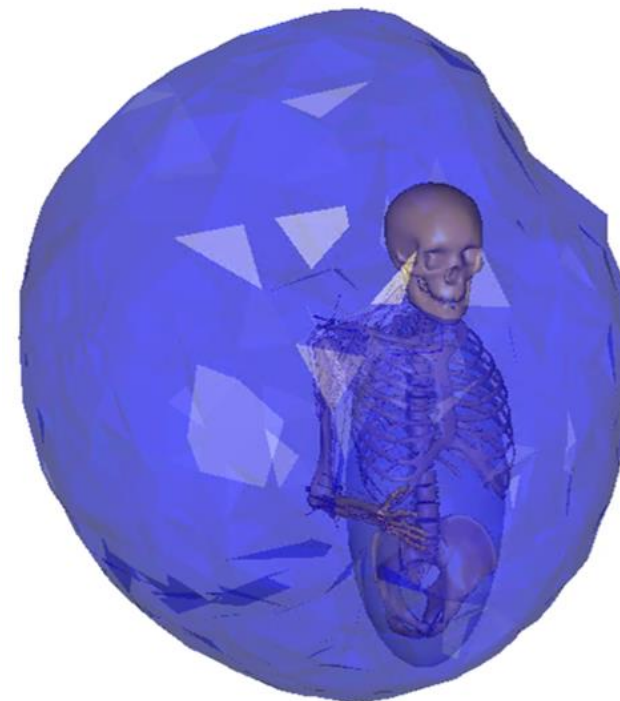
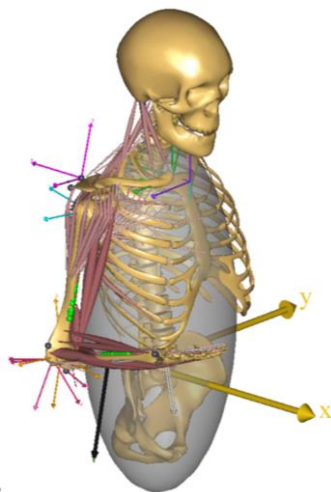
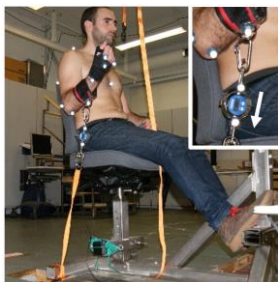


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<https://youtu.be/67FZox9GxMc>  
<https://youtu.be/Pw esFdwGmo>

# ON THE VALIDATION OF MUSCULOSKELETAL MODELS USING THE ANATOMICAL 3-D REACHABLE WORKSPACE



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<sup>1</sup>Dept. Mechanical & Manufacturing Engineering, Aalborg University, Denmark

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- Events, dates, publication list, ...

**Events:**

**30 Apr- 4 May:** Advanced PhD course on Musculoskeletal modeling.

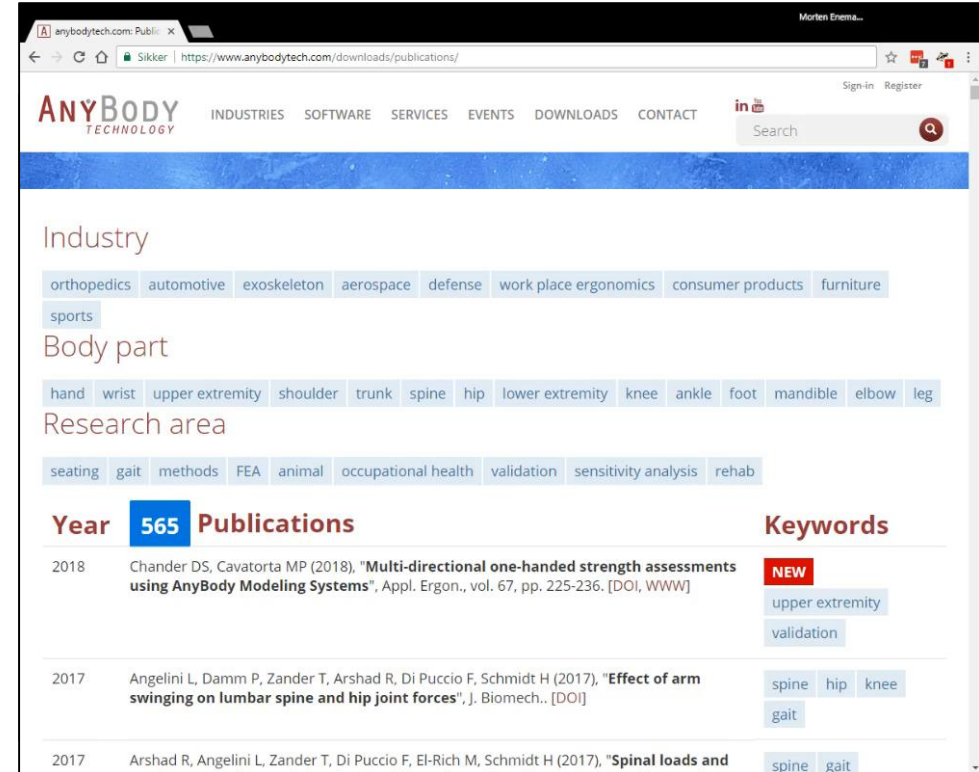
Aalborg University, Denmark (Fully Booked)

**7 May- 9 May:** Qualisys European user group meeting.

Gothenberg, Sweden

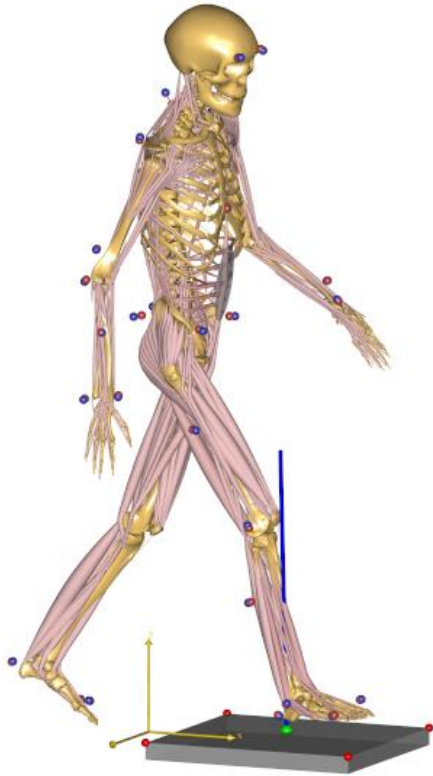
**8 Jul - 12 Jul:** World Congress of Biomechanics  
Booth + live session with Xsens (Outdoor MoCap)

Dublin, Ireland



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# Time for questions:



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