





#### Assistive Devices: Simulating physiological performance

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### Outline

- Introduction to musculoskeletal modeling with AnyBody
- Physiological design/evaluation criteria of exoskeletons
  - Examples
  - Parametric study
- Final words and Q&A session

Presenter



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#### Moderator



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#### For what we need musculoskeletal modeling





## AnyBody Modeling System





## Machine Design and Optimization

- AnyBody Exporter for SOLIDWORKS<sup>®</sup>
  - Plugin for SolidWorks
  - Export your machine's design from SolidWorks
  - Run Man-Machine simulations









### Body-Device Closed Kinematic Chains



Measure kinematics ONLY

- Infinite possibilities for
  - Joint moments
  - Muscle forces
  - Interaction forces





## Body-Device Closed Kinematic Chains





- Inverse Dynamics with Joint Coordinates
  - Leads to extra effort for closed loops
  - Might not be able to access reaction forces instantly
- AnyBody Inverse Dynamics (Cartesian Coordinates)
  - Full dynamic detail
  - Handles closed kinematic chains



- Control of Man-Machine interaction forces
  - Contact forces on the human
  - Control of normal and shear forces (e.g. how tight the straps are)





## Design framework





## Physiological objectives

- Metabolic cost
  - What about individual muscles?
  - What about joints?
  - Cause-effect?





## Physiological objectives

• Metabolic cost

- Activation effort
  - How to combine individual quantities?





## Physiological objectives

• Metabolic cost

- Muscle and ligament forces
- Net ground reaction force
- Net joint reaction force

- Activation effort
  - How to combine individual quantities?

- Joint reaction force
  - How to combine individual quantities?









# Examples:





## Femur-Thorax Flexion/Extension Support









### Box-lifting study

- No motion capture data used.
- Motion generated based on requirements
  - Balance Projected net CoM lies between feet
  - Duration 3 sec
  - Posture Attains standing posture
  - Box motion Polynomial trajectory in time
- Ground reaction forces were predicted

Parametric Study:  $0 \le K \le 100$ 

$$T_{Assist} = -K.(\theta - \theta_{ref})$$



#### Parametric Study



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#### Parametric Study





## Design check (iteration) with limits







\* Lyder, C.H. Pressure Ulcer Prevention and Management. JAMA-J. Am. Med. Assoc. 2003



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#### Design check (iteration) with limits

- Max skin pressure  $P_{allowed}$  = 70 mmHg  $\approx$  9.3 kPa
- Assume chest attachment area to be 15x15 cm<sup>2</sup>



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## Results (25 Nm/rad)







% Device	Joint Reaction	Activation	Metabolic
Benefit	(L4/L5)	Effort	Cost
Box-lifting	21.4	62.2	19.6



## Example 2: KAFO





#### Example 2: KAFO

• Combining motion capture with exo design, using motion cameras





#### Parametric Study





#### Parametric Study





#### Optimal results





% Device	Joint Reaction	Activation	Metabolic
Benefit	(Knee)	Effort	Cost
Sit to stand	9.2	33.9	26.4



#### Example 3: Plantarflexor exercise machine





## Example 4: Shoulder support device

• Combining motion capture with exo design, using Xsens





#### Example 5: Polishing Task Support







#### Discussion

#### • The changes might be pronounced or suppressed

Device Benefit %	Joint Reaction	Activation Effort	Metabolic Cost
Box-lifting	21.4	62.2	19.6
Sit to stand	9.2	33.9	26.4

- How collectively quantify activation and joint reaction?
  - Otherwise it is based on luck to capture the comfort/discomfort
- Short term vs long term?





#### Discussion

• Other criteria?













## Design framework (another look)





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#### Previous webcasts

• Check our YouTube channel

#### www.anybodytech.com

• Events, dates, publication list, ...

#### www.anyscript.org

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#### Events:

14-17 Jun: CAOS International 2017, Aachen, Germany

14-18 Jun: ISBS 2017, Cologne, Germany

**21 Jun Webcast:** Computing realistic loads in the lumbar spine by using the AnyBody musculoskeletal model

Meet us? Send email to <a href="mailto-sales@anybodytech.com">sales@anybodytech.com</a>





### Time for questions



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